

## Ten Years Ago At Lake Berryessa

March, 2009: Reclamation cancels negotiations with Markley Cove and Pensus because of a minor technicality in the bid document regarding future federal funding.

The Antideficiency Act prohibits the government from purchasing, or implying that they may purchase, assets for which funds have not yet been officially approved by Congress. This could have been easily resolved. A single government attorney seriously disrupts a decades long process. Requires a complete rebid of the concession selection process, but allows Pleasure Cove contract to remain in force.

May 15, 2009: Revised Bid Prospectus released for six concession areas.

May 26, 2009: Intense public pressure forces Reclamation to sign interim contracts with Markley Cove and Steele Park to avoid interruption of services.

June 9, 2009: Intense public pressure forces Reclamation to agree to operate temporary campground at Oak Shores Day Use Area.

June, 2009: Reclamation initiates "environmental remediation and clean-up" at each concession area, including demolition of millions of dollars of useable facilities and infrastructure (launch ramps, roads utilities, restaurants, marinas, lodging).

September 30, 2009: New bid proposals due; five separate proposals received. Some previous bidders dropped out. Reclamation's bid evaluation panel analyzes latest proposals during November.

January 14, 2010: Pensus Group selected as most responsive bid for all six concession areas. Markley Cove loses the bid it had previously won. Markley owners question the legality of the results and demand an investigation. OIG Investigative Report finally determines there were no improprieties with contract award process.





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## Lake Level as of January 2, 2019

The lake has risen 2.5 inches in the last week to 422.9 feet - 17.1 feet below Glory Hole. Rainfall has reached about 7.3 inches at Monticello Dam. Last year at this time the lake was at 430 feet, 10 feet below Glory Hole.




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# The Lake Berryessa News

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January, 2019



## 2019: The Tenth Anniversary of the Final Demolition of the Lake Berryessa Resorts! Still No Improvements in Sight After Ten Years.

**2015: The Bureau of Reclamation Announces a Business Opportunity, or Prospectus, for Commercial Recreation Services Development and Operation at Lake Berryessa**

**2016: No Bids For Berryessa! Why? A Modest Proposal: Radical Restructuring - Ownership and Management of Lake Berryessa Should Be Transferred to Napa County**

**2017: Will 2017 Be Lake Berryessa's Lucky Year?**

**2018: "Holes In History" at Lake Berryessa: Simple Incompetence, Fervent Ignorance, Malicious Arrogance! Ten Years Lost.**

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The headlines above document the last several years of Reclamation's promised "seamless transition" process. Never Forget! See the story on Page 2.

**Feds Final Folly: The Destruction of Steele Park Resort!**  
**(Ten Years Later - 2019)**

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**Give Big Island Lagoon Back to the People - 2019!**

My latest 2019 recommendation, updated from my original recommendation in 2012, to reverse the arbitrary closure of Big island Lagoon to motorized family recreation.

This is the least Reclamation can do to help mitigate the significant damage they have done to the Lake Berryessa community, including the stalled revitalization process being negotiated with Napa County. Observation by local

residents for many years has shown that non-motorized use of Big Island lagoon varies between zero and none throughout the year.

The subject was never raised at any of the public forums held to date, as was specified in Paragraph 6: Land and Water Use Classification, of the 2006 Record of Decision. I raised it at the last Public Forum meeting held on November 14, 2018.

Drew Lessard, Reclamation Regional Manager, Central California Area Office, agreed to review the issue if I provided an analysis of the situation. Public input to support this recommendation will be very important to rescinding this flawed decision.

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**Recommendation: Immediately Return Big Island Lagoon to a 5MPH Zone for Family Recreation**  
**(2019 Update)**

In a highly unpopular move with no real public support, the Bureau of Reclamation arbitrarily closed Big Island Lagoon to motorized recreation almost ten years ago. This area was an historical 5 MPH zone and a heavily-used family recreation gathering spot. It provided a quiet, safe respite from the activity on the main body of the lake.

This action was taken with no public input or evaluation of its effects on lake users. Monitoring of the area for the many years has shown there has been no appreciable use by non-motorized watercraft such as kayaks. This action simply created a wasted recreational resource that had previously been used by hundreds of boaters on a regular basis. (Map on Pg.3)

Steele Park Cove (Willi's Cove) near Steele Park Resort was also designated as a non-motorized zone, but enforcement was never implemented. This lack of enforcement is a precedent for the lack of importance of this type of classification.

The closure of Big Island lagoon was stealth action hidden on a map at the end of the 2006 Record of Decision section excerpted below. This section also implied that no changes would be made until the Public Forum referenced in this same section was created. The subject was never discussed at any of the public forums held to date until November 14, 2018.

**2006 Record of Decision: 6. Land and Water Use Classification.**

"The WROS is not adopted as part of the VSP ROD. Existing requirements developed in conjunction with Action 17, "Water Surface Zoning and Restrictions," of the 1993 RAMP ROD are carried forward **on an interim basis** pending future adoption by Reclamation of the WROS or other land and water use classification system **in consultation with the forum established in paragraph 1c.** In the interim, certain areas will be reserved for use by non-motorized watercraft and electric trolling motors only. These areas are identified in Appendix B, map number 413-202-8."

**1. Recreation Program Management.**  
**The following principles and actions will be used to guide and manage recreation activities at Lake Berryessa:**

**c. Collaboration.** Reclamation will sponsor a regular forum with the opportunity for public involvement to

promote communication, thoughtful consideration of interests, consistency and uniformity, and constructive resolution of problems or conflicts.

\*\*\*\*\*

The Water and Land Use Recreation Opportunities Spectrum (WALROS) was **approved and adopted** by Reclamation in 2009. Its application by the Department of the Interior mandates creating the greatest recreational opportunities possible. All concessions/resorts would maintain the highest level of development in order to serve the public demand.

The standard for WALROS decision-making incorporates (1) sound professional judgment, (2) preponderance of the evidence, (3) a rule of reasonableness, (4) a sliding scale rule of analysis, and (5) a scale of degree.

Lake Berryessa clearly falls in the category of Rural Developed Setting and Rural Developed Recreation Experience. (See descriptions on Page 3.)

### Conclusion

Since there was neither public input nor public support for this arbitrary action; there was no statutory authority or other justification for Reclamation's decision; and the action is in opposition to Reclamation's stated purpose to support and expand recreation at Lake Berryessa, Big Island Lagoon should immediately return to its historical 5 MPH status in anticipation of the 2019 recreation season.

(More on Page 3.)





2 **Feds Final Folly: The Destruction of Steele Park Resort: Ten Years Later (2019)**

As the Bureau of Reclamation’s Katrina-like process at Lake Berryessa lurched on to an unknown resolution, local residents and previous lake recreation users were fed up with the Feds. Both Supervisor Diane Dillon and Congressman Mike Thompson were clearly frustrated by their apparent helplessness to do anything about Reclamation’s lack of progress in signing the new contract for the five major west shore resorts.

The Steele Park Resort contract was especially important since it would have a major impact on the water and sewer rates for Berryessa Highlands residents which appeared to be headed for a minimum 82% increase by August, 2009.

Four of the resorts had been closed since the middle of summer. Steele Park was shutting down soon and would be demolished during the next nine months.

In several public statements, Reclamation claimed that there would be a smooth transition and recreation services would be only minimally affected as the resorts were all upgraded and improved. Tragically, this did not happen, although the Reclamation refrain has remained, “We are making good progress and expect the contract to be signed soon.”

Why did this happen? Follow the money. The table below shows the annual revenue of each of the five Pensus-designated resorts - as well as its appraised value. These figures are from public documents that were part of the bid process.

Under normal circumstances in the transition of a business ownership, the new owner would pay the previous owner

Lake Berryessa Resort Revenues (2009) (These were the latest figures prior to the demolition of all resorts.)				
Resort	Annual Revenue	Appraised Value	Mobiles Revenue	Mobiles %
Berryessa Marina	\$1.61M	\$3.3M	\$0.76M	47%
Putah Creek	\$1.03M	\$4.15M	\$0.38M	37%
Rancho Monticello	\$3.32M	\$11.22M	\$2.1M	63%
Spanish Flat	\$2.09M	\$4.06M	\$0.78M	37%
Steele Park	\$2.62M	\$9.59M	\$0.66M	25%
Markley Cove	\$1.09M	\$6.48M	0	
Pleasure Cove	\$0.85M	\$1.07M	0	
Total	\$12.61M	\$39.87	\$4.68M	37%

fair-market value for its permanent facilities as well as for other property and equipment it might want to keep. This approach is actually codified in Public Law 96-375: “...if a new concessionaire assumes operation of the concession, require that new concessionaire to pay fair value for the permanent facilities to the existing concessionaire.”

But this would mean that the entry cost for any new concessionaire would be \$32M. They would then have to make major capital improvements costing tens of millions more. And all this for resorts that had only produced a previous GROSS annual revenue stream of about \$12M. At least \$4M of that revenue had been rental payments from the long-term mobile home owners - essentially pure profit since the resorts provided almost no services to those tenants.

Not only would any new owners be faced with a major capital investment program, but at the same time 37% of their pure profit was also eliminated. This is a tough financial nut to crack during a contract term set by Reclamation of only 30 years.

Reclamation’s solution to this dilemma was to re-interpret Public Law 96-375 and, despite it’s own appraisal, declare the present facilities of no value to the incoming concessionaire, and require the present resort owners to remove or demolish everything, including restaurants, motels, launch ramps, roads - back to bare ground.

The Pensus Group LLC, Reclamation has determined that all permanent facilities in your Resort concession area must be removed by the end of the concession contract.”

The fallout from this debacle was very damaging to the local Lake Berryessa community. The resorts provided hundreds of jobs. Steele Park Resort had a payroll of 50



people during its summer operations.

When Steele Park essentially ceased most operations, Capell Valley Elementary School lost about 10 students, bringing its enrollment to less than 50 students. The Napa Valley Unified School District prepared to close the local school and bus the children to the City of Napa every day.

But the closures also impacted many local and other Napa County businesses. Favorite restaurants have lost 40% of their business. Local service businesses have also lost 30%-40%, some up to 50%, of their revenue.

Just one closed resort, Rancho Monticello, has eliminated approximately \$500,000 worth of purchases from local and regional suppliers annually. This doesn’t include the loss to Reclamation of \$105,000 per year in franchise fees from the resort.

The real tragedy is that none of this ever had to happen. During the controversial government process that led up to the closures, two common-sense plans were proposed, LBVSPT A+ and the Resort

Operators Plan, which would have accomplished the goals of improving all the resorts without destroying them first.

At least one of the bidders for the new concessions, the Lago Group, a consortium of the then current concession owners and local business people, would have kept these five resorts open. But their bid was apparently disqualified on a technicality.

Steele Park Resort was arguably the best resort on the lake. It had one of the best views from its older but well-kept restaurant. The mobile homes blended with the environment with their subdued “Steele Park grey” mandatory color.

They were well-maintained with expensive interior upgrades - some selling for up to \$100,000 only 5 years previously. Their owners would have given them to the new concessionaire for free to be used as upscale short-term rentals under the new contract. Instead mobile home owners had to pay \$3,000 to \$5,000 to demolish them and the demolition continued at a swift pace.



**Top Baby Names for 2018**

The experts at Nameberry released their annual list of top baby names, with Olivia and Atticus in the top spots yet again. New arrivals include Genevieve and Rose for girls and Finn for boys.

Nameberry’s year-end popularity list is based on which names attracted the most page views in 2018, out of a total of 250 million views. It’s a measure of parents’ interest in baby names and a predictor of which names will become more popular in the future.

While the latest national list measures 2017 popularity (See list below.), Nameberry’s list gives a more current sense of what parents are considering NOW.” Below are the top 10 names for girls and boys:

Boys	Girls
Atticus	Olivia
Milo	Isla
Jasper	Amara
Asher	Cora
Jack	Charlotte
Theodore	Aurora
Silas	Amelia
Wyatt	Ava
Henry	Rose
Finn	Genevieve

\*\*\*\*\*

**Top Baby Names for 2017**

(Source: Social Security Administration)

Boys	Girls
Liam	Emma
Noah	Olivia
William	Ava
James	Isabella
Logan	Sophia
Benjamin	Mia
Mason	Charlotte
Elijah	Amelia
Oliver	Evelyn
Jacob	Abigail
Lucas	Harper
Michael	Emily
Alexander	Elizabeth
Ethan	Avery
Daniel	Sofia
Matthew	Ella
Aiden	Madison
Henry	Scarlett

**Onion Headlines**

P Diddy Copyrights His Own Dance Move Called “The Diddy Squat”.

Mcdonalds Announces New Breakfast Sandwich That Includes Absolutely Nothing New.

Journalist Anxiously Waiting For Lettuce Industry To Implode So He Can Use "Fall Of The Romaine Empire" Headline.

Studies show people pretty sure they know what barometric pressure is all about.

Inside Facebook's Amazing Advertising Algorithm: Women Much More Likely To Buy Dresses Than Men, Dog Owners Buy Vast Majority of Dog Food.

‘Walking Dead’ Fans Split On Recent Harlem Globetrotters Crossover Episode.

Woman Trying To Wean Self Off Coffee By Switching To Long Island Iced Tea.

Man Spends Long Day At Work Waiting To Go Home And Be Lonely.

Woman Who Hasn’t Bought Anything Recently Wondering Why She's Suddenly Happy.

Mortician Always Keeps Hammer At Tableside Just In Case One Comes Back To Life.

Woman Finds It Worrying That All New Boyfriend’s Previous Relationships Ended In Breakups.

Ryan Zinke Apologizes For Misuse Of Government Funds By Sending Ethics Committee \$160,000 Vase.

Study: Most Concussions Can Be Prevented By Wearing Second Helmet.

Health Experts Say Tackle Football Poses Little Risk For Children Whose Brains Already Don’t Work That Well.

Nation Crisis: Shipping Tape Shortage Due To High Volume Of Amazon Returns Post Christmas.

Local man flips between CNN and Fox News during commercials in courageous show of bipartisanship.

"Millennials Are Killing The Economy By Being Poor", Says Businessman Who's So Close To Getting It.

Local College Sophomore Strongly Advocates For Sophomoric Philosophical View, Remains Unaware of Situation's Irony.

McDonald's Unveils New Premium McNuggets Sourced From Individual Chickens.

Worcestershire Announces Plan To Add Two More Silent Syllables To Name By 2020.



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6 **Historic Aetna Springs Resort And Its Award-Winning 9-Hole Golf Course Has a New Owner**

Some positive local news for Pope Valley. Hopefully the County and the Pope Valley exclusionists who derailed the last Aetna Springs revitalization in 2009, including the Lake Luciana project so many people wanted, won't shoot themselves in the foot again. Coincidentally, 2009 was the same year as the Lake Berryessa resorts demolition ten years ago.

The new owner is Alchemy Resorts. The deal includes the 672-acre resort property, the 125-year-old, nine-hole golf course that closed abruptly in January, and land around Lake Luciana and Turkey Hill. The plan is to "restore the historic property to its original grandeur through the development of a world-class luxury resort that showcases Napa's food and wine combined with leading wellness programs," the press release stated.

Napa County in 2012 approved a plan to restore Aetna Springs Resort including 28 historic structures, building a 12,000-square-foot lodge, and other amenities. A separate approval allows for a winery.

Aetna Springs has craftsman-style resort structures that are listed on the National Register of Historic Places. Restorations in the 80-acre historic resort core are to comply with U.S. Department of Interior preservation standards. Restoring Aetna Springs resort has long been on the wish list for local historic preservationists. In 2010, Napa County Landmarks placed Aetna Springs on its Ten Threatened Treasures list, noting many of the buildings were in an advanced state of decay.

The resort began in the 1870s after the discovery of warm minerals springs along Aetna Springs Creek. People could travel there by catching the Aetna Spring stagecoach in St. Helena at 1 p.m. each Sunday, Tuesday and Thursday. Famous movie stars and politicians frequented the resort over its long history.

In 2009, the county Planning Commission turned down the resort owners' plans to create the adjacent Lake Luciana project, which called for an additional 18-hole golf course and 16 luxury home sites.

The Lake Luciana project was seen by many as a major boon to Pope Valley and the Berryessa Estates but was opposed by a vocal minority of local property owners. The proposal was defeated by the Board of Supervisors on a 3 - 2 vote.

In January 2012, the county Planning Commission approved a permit to restore and revitalize the Aetna Springs resort and those approvals remain in effect. But the planned resort revival didn't take place. The beautiful Aetna Springs golf course closed abruptly last January.



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**Napa County Unveils Strategic Plan**

Napa County's proposed, three-year plan lists its "five pillars" to success. They are: healthy, safe and welcoming place to live, work and visit; livable economy for all; vibrant and sustainable environment; collaborative and engaged community; and effective and open government.


"We want a Napa County where our families, community organizations and businesses thrive; where everyone feels included and valued and where we continue to experience the natural beauty that is this special place," supervisors say..

Among the bigger challenges is finding a post-Measure C approach to the environment. Measure C narrowly failed to pass in the June election amid opposition from wine industry organizations and rural residents.


"We will work collaboratively with our community members and partners toward achieving these goals and will regularly share the results of our progress," supervisors say in the draft introduction. Step one is passing a strategic plan that has community support. Go to <https://bit.ly/2Otxmpo> to see the draft plan and to submit comments to the county.

Here is a sample of proposed Napa County Strategic Plan actions:

- o Use available data sources to evaluate grape and wine production to determine potential development capacity.
- o Convene a work group to explore establishing a countywide Economic Development Board with diverse representation to support small businesses and regional economic development.
- o Support Napa Valley Transportation Authority's autonomous vehicle bus pilot project in downtown Napa.
- o Explore options of using state properties located within the county for housing.
- o Create buffers around municipal reservoirs and develop a surface water quality monitoring program with the cities/town.
- o Adopt and implement a climate action plan.
- o Work with landowners to explore farmworker housing options on privately owned parcels.
- o Implement family early literacy programs through the Napa County Library.
- o Create a series of workshops to increase the public's understanding of county operations.
- o Explore the implementation of mental health diversion programs.



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(Continued from Page 1.)  
**Rural developed setting:** A rural developed WALROS area is beyond a metropolitan area and the suburban ring of development. Rural developed areas may serve as "bedroom" communities for urban areas and may contain working farms, ranches, and towns. In this setting, primary road networks are common.

Although development will be prevalent and common, the setting has a pastoral sense because of an interspersing of forests, water resources, hills, valleys, canyons, wetlands, open spaces, and agricultural lands. Naturally appearing shoreline edges are common, although various water controls or other structures are also common.

Recreation management is prevalent and common but not as extensive as in an urban setting (e.g., personnel, rules, facilities, signs, services, conveniences, security). Recreation use, diversity, socialization, concentration, sense of security, and conveniences are less common than in a developed suburban or urban setting.

The sights, sounds, and smells of recreation and non-recreation use are common, yet interspersed with locations and times when the urbanized visitor may experience a sense of tranquility and escape from everyday challenges.

Examples of rural developed areas include areas with country estates, second homes and cabins, dams, power stations, primary and secondary roads, communication lines, resorts, marinas, small communities, full service campgrounds, county and State parks, farms, ranches, and small commercial and industrial establishments.

**Rural developed recreation experience:** The area provides occasional or periodic opportunities to see, hear, or smell the natural resources (e.g., forests, wildlife, aesthetics), but development, human activity, and natural resource modifications are common and frequently encountered.

In a rural-developed area, everyday sights and sounds are also important. Socialization within and outside one's group is typical, and the presence of other visitors is expected. The opportunity to relieve stress, alter everyday routines, and achieve a moderate level of comfort and convenience along with a sense of safety and security is important.

The array of recreation activities may be diverse, ranging from relaxation and contemplation (e.g., sunbathing, sailboating, shoreline fishing) to physical exertion and challenge (e.g., competing in shoreline and water sports, tournament fishing, ice fishing, water skiing, snowmobiling, motocross racing, and kayaking).

The rural developed area is typically attractive for day use by weekend visitors from local metropolitan areas, nearby communities, short-term campers, recreational vehicle users, large groups, and adventure tourists within a day's drive.

**January 2019 Horoscopes**

Aquarius (1/20-2/18): Your spectacular canoeing death will owe much to the life's work of David Bushnell (1742-1824), inventor of the submersible anti-ship mine.

Pisces (2/19-3/20): Your biggest mistake wasn't assuming there was some kind of secret to life. It was assuming that it was the kind of secret that would make your life better.

Aries (3/21-4/19): Your psyche suffers retroactive trauma this week when, after you break up with your scientist lover, he invents a time machine and travels back to the '70s to ruin your once-happy childhood.

Taurus (4/20 - 5/20): They may tell you you're deluded, that you've lost your mind, but you know good and well that those jabbering, naysaying radiators in your apartment don't know what they're talking about.

Gemini (5/21 - 6/21): You'll turn to religion this week, dislocating your neck, both shoulders, and most of your tendons in the process.

Cancer (6/22-7/22): Love has been compared to many, many things, but thanks to your unique outsider's perspective, you'll be the first to spot its uncanny resemblance to the international bauxite market.

Leo (7/23-8/22): The old saying that there are no second acts in life may or may not be true for everyone, but you're going to be more concerned with how they just skipped ahead to the ending.

Virgo (8/23-9/22): Your week will be so varied, interesting, and surprising that eventually the coroner will just give up, shrug, and write "heart failure" in the spot marked "Cause of Death".

Libra (9/23-10/22): They say that it's not how well the bear dances that's impressive, but that the bear can dance at all, which is kind of insulting considering the number of hours you spent teaching it.

Scorpio (10/23-11/21): You're no art expert, but you know what you like, which explains all the meatball sandwiches hanging on your walls.

Sagittarius (11/22-12/21): It might not be today, and it might not be tomorrow, but you'll soon come to regret staging a pie-eating contest to select a new wife.

Capricorn (12/22-1/19): The stars apologize for last week's prediction of "money problems." Looks like they forgot the "k" in there.



**Big Island Lagoon Restrictions**

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To study (verb, modern): Act of texting, talking, eating, and watching TV with an open textbook nearby.

**There is great need for a sarcasm font.**

Nothing feels worse than that moment during an argument when you realize you're wrong.

I hate leaving my house confident and looking good and then not seeing anyone of importance the entire day. What a waste.

I keep some people's phone numbers in my phone just so I know not to answer when they call.

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#### 4 Berryessa Highlands Fire Safe Council Begins Winter Defensible Space Work

Thanks to a \$10,000 grant from Napa County and Napa Communities Firewise Foundation, for the 8th year the Berryessa Highlands Fire Safe Council will resume our winter defensible space projects! In the previous 7 years we have run the crews around the neighborhood for a total of more than 200 days. This winter we are hoping to get the Cal Fire/Department of Corrections Delta Crews for another 30 days.

The Council decided that one of the first things we want to do with the crews is have them work in the area of the Steele Fire. Our goal will be to cut and burn off the standing dead trees that are on the lots where the homes burned down. We want to help those that lost their homes and those that almost lost their homes.

As in past years, throughout this winter season we will burn brush piles when conditions are favorable. We will post advanced notifications on Nextdoor when we plan to burn, so you will know when you can expect to see and/or smell smoke.

A REMINDER, the CAL Fire/Dept. of Corrections Inmate Hand Crew is here to work and help. They are all pretty good people, who have done some wrong. The rule is you are allowed to wave, or say hi, basically, be courteous and/or appreciative, but for security purposes, we civilians are not allowed to have conversations with the inmates, and they are not allowed to take

ANY items from us, including soda, candy, treats, or any other gratuity. Please do, though, if you see the CAL Fire Captain and supervising the crew, say thanks to them, shake their hands, and tell them sincerely “thank you” for saving your home!

We will release the map and plan for this winter’s crew days soon, so stay tuned for that. But for now, know we will be all over the place this winter thanks to the great support from landowners and homeowners all around the neighborhood. I also want to take this opportunity to BEG you, please do your part this winter to make your home more fire safe!

Please CUT DOWN AND REMOVE every plant within 3 to 5 feet of your home, deck, or vehicles in the driveway. Please UPGRADE ALL YOUR VENTS to Vulcan Vents. Embers that are blown into your attic or under your home will burn your house down. And please, Please, PLEASE.... if you have large bunches of Juniper or Rosemary in your yard, GET RID OF THEM FIREBALLS!!!

While wildfires can be unpredictable, they are also quite predictable. Taking these substantial steps, plus doing all the other standard things we talk about (general defensible space, thorough weed whacking, cleaning gutters in May), will help - and MAY HELP SAVE YOUR HOME. But all the Crew Days in the world WON'T help if you don't make YOUR home defendABLE!

Evan Kilkus, Volunteer Project Coordinator: [Highlands@napafirewise.org](mailto:Highlands@napafirewise.org).

#### Onion Report: 750,000 Americans Die During 1st Attempt To Get Back In Shape!

According to an alarming report just published, three quarters of a million Americans die annually during their first attempt to get back in shape. “We found that, each year, about 225,000 out-of-shape Americans collapse and perish within the first three minutes of attempting to start jogging again, with most typically not making it to the end of their own block,” said the study - adding that a further 60,000 Americans who decide to improve their health by swimming laps succumb to overexertion every year and sink to the bottom of the pool and drown after just a few strokes.

“Perhaps most troubling, our data show that 60 percent of Americans who commit to regaining their former level of physical fitness by hiring a personal trainer at a gym drop dead almost instantly during their first abdominal crunch. And another 30 percent die while stretching before they even begin their workout.” The study further noted that, of the Americans who managed to survive their first attempt at exercise in years, nine in 10 suffered from debilitating pain for the rest of their lives.

### SPANISH FLAT MOBILE VILLA

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**This small, well-run park combines affordable vacation spaces with permanent homes in a safe, attractive setting.**

Year-Round RV Spaces and Manufactured Home Sites Available

Within the Park: Pool, Laundry Facility, Lake Access Trail

Within Walking Distance:  
Cucina Italiana Restaurant,  
Spanish Flat Country Store

**For application, please call**  
**707-966-1124**



### Darling Lake Home!

<http://lakeberryessahome.com/>



**1016 Eastridge Drive**  
**\$319,000**

Enjoy this darling lake home. Located in a serene setting with wonderful views. Almost feels like a tree house. Charming, close to lake access for all things outdoors!

**2 Bdrm, 1 Bath**  
**1,017 sq.ft.**  
**Quarter Acre+**  
**Updated Kitchen**  
**Wood Stove**  
**Boat/RV Parking**

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### Endless Summer Can Really Happen!

<http://steelecanyonrd.com>



**1358 Steele Canyon Road**  
**\$599,000**

Endless summers can really happen at this truly special custom home in the Berryessa Highlands. Designed for modern day living. Nicely appointed upgrades. Relax, Garden, Entertain - the choice is yours. Enjoy the outdoors all day. Minutes from Steele Canyon Recreation Area.

**3 Bdrms, 2 Baths**  
**2,179 Sq.Ft.**  
**Living Room with Fireplace**  
**Formal Dining Room**  
**Luxurious Master Suite**  
**Stunning Kitchen**  
**Wrap Around Deck**  
**Windows Throughout**  
**Breathtaking Views**  
**2 Car Garage**  
**Boat/RV Parking**

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### LOVE Where You LIVE!

1089headlands.com



**1089 Headlands Drive**  
**\$379,000**

Calling All Nature Lovers! Peaceful setting w/marina and campgrounds close by for fishing, boating and camping. Fenced lot with plenty of outdoor space. Separate entrance to master suite with deck above garage with updated bathroom & jetted tub.

**3 Bdrms, 2 Baths**  
**1440 Sq.Ft.**  
**Single Level**  
**Updated Kitchen & Baths**  
**All Electric**  
**New Master Suite**  
**Open Floor Plan**  
**Wood Vaulted Ceilings**  
**Attached 2 Car Garage**

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#### Gallup: The Obamas are America's most admired man and woman

Michelle Obama unseated Hillary Clinton as the most admired woman in the U.S., claiming the title alongside her husband, former President Barack Obama, who has remained the most admired man for 11 straight years, according to Gallup's annual poll.

The big picture: Clinton held the title of most admired woman for 17 consecutive years, but this year was surpassed by both Obama and Oprah Winfrey. President Trump came in second place for the fourth year in a row, marking only the 13th time — and Trump's second — that a sitting president didn't top the list since its inception in 1946.

##### Most admired man:

Barack Obama (19%)  
Donald Trump (13%)  
George W. Bush (2%)  
Pope Francis (2%)  
Bill Gates (1%)  
Bernie Sanders (1%)  
Bill Clinton (1%)  
Dalai Lama (1%)  
Joe Biden, 1%  
Elon Musk (1%)

##### Most admired woman:

Michelle Obama (15%)  
Oprah Winfrey (5%)  
Hillary Clinton (4%)  
Melania Trump (4%)  
Queen Elizabeth II (2%)  
Angela Merkel (2%)  
Ruth Bader Ginsburg (2%)  
Ellen DeGeneres (2%)  
Nikki Haley (1%)  
Malala Yousafzai (1%)

Gallup's annual survey, conducted Dec. 3-12 this year, asks Americans, in an open-ended question, to name the man and woman living anywhere in the world today whom they admire most. Gallup first asked the question in 1946 and every year since, except 1976.

Also among the top 10 most admired women this year is Queen Elizabeth, who placed in the top 10 for a record 50th time. German Chancellor Angela Merkel, Supreme Court Justice Ruth Bader Ginsburg, talk show host Ellen DeGeneres, former U.S. ambassador to the United Nations Nikki Haley, human rights activist Malala Yousafzai and House Democratic leader Nancy Pelosi are the other top 10 finishers this year.

#### Barack Obama Closing in on Record Number of First-Place Finishes for Men

Barack Obama is now just one first-place finish short of tying Dwight Eisenhower for the most times being Most Admired Man. Eisenhower won the distinction 12 times.

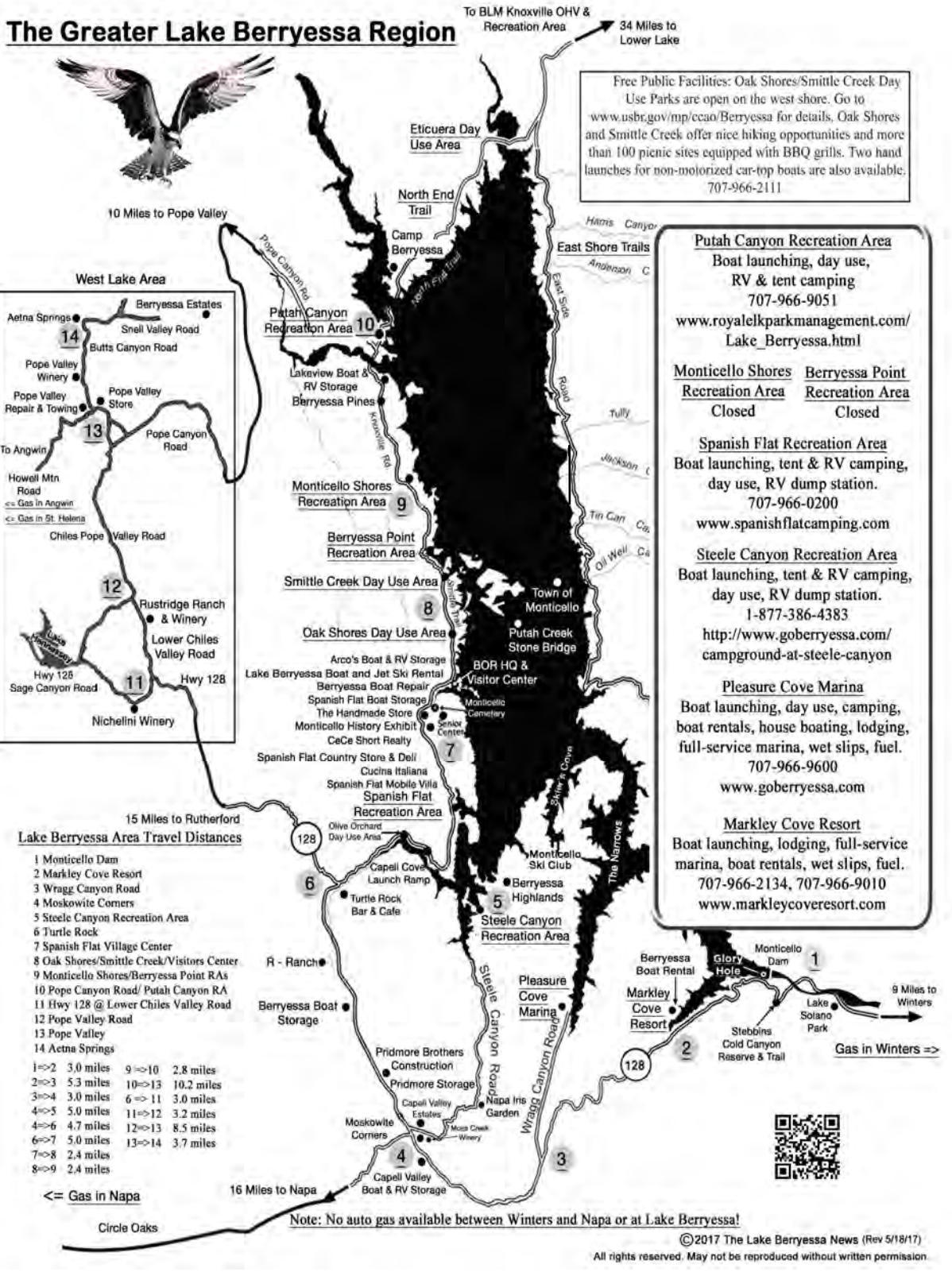
This year marks only the 13th time in 72 measurements the incumbent president did not win. Usually, the president does not win when he has subpar job approval ratings, as is the case with Trump. Trump and Gerald Ford are the two presidents to date who did not win the honor while in office. Former Secretary of State Henry Kissinger finished first in 1974 and 1975 after Ford replaced Richard Nixon as president, and the question was not asked in Ford's final year in office in 1976.

The remainder of the top 10 most admired men this year includes former President George W. Bush, Pope Francis, Microsoft founder Bill Gates, Vermont Sen. Bernie Sanders, former President Bill Clinton, the Dalai Lama, former Vice President Joe Biden, Tesla CEO Elon Musk and Vice President Mike Pence.

#### Bureau of Reclamation Continues to Produce "Omnishambles"

Although “Omnishambles” was chosen as 2012 Word of the Year by the Oxford English Dictionary after it was coined by a BBC TV's satirical political series to describe a badly mismanaged situation and gaffes, it is sadly still applicable to the situation at Lake Berryessa. “Omnishambles” is defined as "a situation that has been comprehensively mismanaged, characterized by a string of blunders and miscalculations". The map below shows how large an area has been in a shambles for more than 10 years.

### The Greater Lake Berryessa Region



10 Miles to Pope Valley

15 Miles to Rutherford

16 Miles to Napa

34 Miles to Lower Lake

Free Public Facilities: Oak Shores/Smittle Creek Day Use Parks are open on the west shore. Go to [www.usbr.gov/mp/ccao/Berryessa](http://www.usbr.gov/mp/ccao/Berryessa) for details. Oak Shores and Smittle Creek offer nice hiking opportunities and more than 100 picnic sites equipped with BBQ grills. Two hand launches for non-motorized car-top boats are also available. 707-966-2111

Putah Canyon Recreation Area  
Boat launching, day use, RV & tent camping  
707-966-9051  
[www.royalelcparkmanagement.com/Lake\\_Berryessa.html](http://www.royalelcparkmanagement.com/Lake_Berryessa.html)

Monticello Shores Recreation Area  
Closed

Berryessa Point Recreation Area  
Closed

Spanish Flat Recreation Area  
Boat launching, tent & RV camping, day use, RV dump station.  
707-966-0200  
[www.spanishflatcamping.com](http://www.spanishflatcamping.com)

Steele Canyon Recreation Area  
Boat launching, tent & RV camping, day use, RV dump station.  
1-877-386-4383  
<http://www.goberryessa.com/campground-at-steele-canyon>

Pleasure Cove Marina  
Boat launching, day use, camping, boat rentals, house boating, lodging, full-service marina, wet slips, fuel.  
707-966-9600  
[www.goberryessa.com](http://www.goberryessa.com)

Markley Cove Resort  
Boat launching, lodging, full-service marina, boat rentals, wet slips, fuel.  
707-966-2134, 707-966-9010  
[www.markleycoversort.com](http://www.markleycoversort.com)

1 Monticello Dam  
2 Markley Cove Resort  
3 Wragg Canyon Road  
4 Moskowite Corners  
5 Steele Canyon Recreation Area  
6 Turtle Rock  
7 Spanish Flat Village Center  
8 Oak Shores/Smittle Creek/Visitors Center  
9 Monticello Shores/Berryessa Point RAs  
10 Pope Canyon Road/ Putah Canyon RA  
11 Hwy 128 @ Lower Chiles Valley Road  
12 Pope Valley Road  
13 Pope Valley  
14 Aetna Springs

1=>2 3.0 miles 9=>10 2.8 miles  
2=>3 5.3 miles 10=>13 10.2 miles  
3=>4 3.0 miles 6=>11 3.0 miles  
4=>5 5.0 miles 11=>12 3.2 miles  
4=>6 4.7 miles 12=>13 8.5 miles  
6=>7 5.0 miles 13=>14 3.7 miles  
7=>8 2.4 miles  
8=>9 2.4 miles

Circle Oaks

Note: No auto gas available between Winters and Napa or at Lake Berryessa!

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