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Local Wakeboarders Excel in Competition by Kim Conner

The competitive season for Nor Cal WWA (Wake Boarding Association) just concluded at Lake Villa Lagos in Red Bluff and several locals (who call themselves the "NLB" for North Lake Berryessa) did extremely well. This crew of wakeboarders ride together daily all summer and push each other to be their best.

1) Nataly Conner (12 Yrs old): This Berryessa resident took 1st place overall for the season in the Jr. Novice division. She accomplished this by finishing 1st twice, 2nd once, and also taking a 4th place finish in the second event of the season. Nataly lives off of Capell Valley Rd. and rides almost daily to perfect her skills. Her plan is to continue training during the off season so that she can compete with the older gals next year in the Women's Intermediate Division.

2) Jon Haddox: Another local (who also is currently serving as Nataly's coach) lives and works year round at Rancho Monticello Resort. He had a great season although he was unable to ride in the 1st event of the year due to a knee injury. He placed 1st in the 2nd & 3rd events and took 4th in the final event on October 7th. His overall standing in the Expert Division was 3rd place. Jon also took 2nd place in the slider event overall.



3) Buddy Mahood: Buddy works at Rancho Monticello in the summer and resides in Pacifica. He had an overall standing of 2nd place in the Men's Advanced Division.

Buddy also placed 3rd overall in Wakeskate Division.

4) Dan Rajeski: Dan's family has a trailer at Rancho Monticello Resort and lives in Half Moon Bay. Dan goes to school in San Diego. Dan placed 5th overall in the Men's Advanced Division.

5) Jeff Pearsall: A Senior at Cal State University Monterey Bay who also works at Rancho Monticello Resort during the summer season, Jeff attended two WWA events and placed 3rd in Men's Expert Division at one of them.

6) Kathryn Medina: A student at CSUMB and an employee of Rancho Monticello Resort in the summer, also attended two events, placing 1st & 4th giving her a year end placement of 3rd overall.

Two other NLB Crew members rode well this year as well, they are Brendan Shue & AJ Cecchetti. Check them all out at www.Norcalwwa.com

A panda walks into a bar, sits down and orders a sandwich. He eats the sandwich, pulls out a gun, and shoots the waiter dead.

As the panda stands up to go, the bartender shouts, "Hey! Where are you going? You just shot my waiter and you didn't pay for your sandwich!"

The panda yells back at the bartender, "Hey man, I'm a PANDA! Look it up!"

The bartender opens his dictionary and sees the following definition for panda: "A tree dwelling marsupial of Asian origin, distinguished by prominent black and white coloring. Eats shoots and leaves."



The Lake Berryessa News

Community News Makes a Better Community

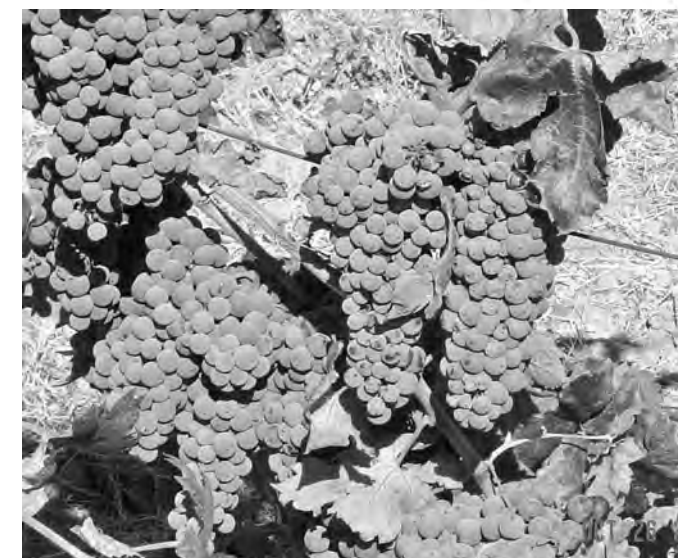
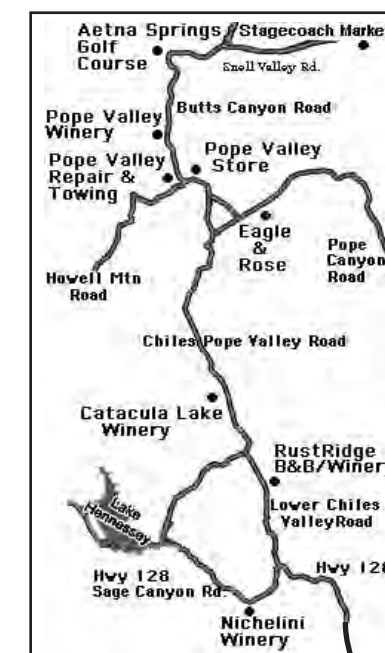
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Your Best Source for News of Lake Berryessa and our Napa Valley Back Roads!

November 2, to November 15, 2006



West Lake Area



Fall is Here and the Holidays Are Coming!

Experience the Harvest at Rustridge - Pg. 9

Economic Development Meetings - Pg. 3

Mobile Homeowners Told to Pay Up - Pg. 2

Water Board Extends Sewer Ban - Pg. 2

Local Wakeboarders WinBig - Pg. 12

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The Greater Lake Berryessa Region



25¢
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From the Editor

Several months ago I recommended that all mobile home owners with- in the resorts at Lake Berryessa who pay property tax to Napa County request that their tax be eliminated due to the Bureau of Reclamation’s Record of Decision. The ROD requires that all mobile homes and trail- ers within the resorts be removed - effectively requiring their demoli- tion. This has driven the value of these properties to zero. Almost no one has been able to sell their places except for a very few unique situations.

Apparently the County Assessor’s Office was then bombarded with these requests. But rather than assist the people who are having their property completely devalued, plus being required to pay their own demolition costs, the Napa County Assessor has stonewalled these tax- payers with administrative and procedural meanderings. The latest response is printed below.

Mr. Tuteur refers to some mythical Removal Plan being prepared by the BOR, as if it has some effect on the present value of the property in question. The only “Removal Plan” for the mobile homeowners is already specified in the June, 2006 ROD - “Get out and take your stuff with you, and if you can’t take it, destroy it.” Get real - the mobile homes are now worth nothing! Why does the County want to squeeze the last few dollars it can out of folks who have lost everything?

The following letter from the Assessor was accompanied by the helpful and only marginally threatening County document: UNDERSTAND- ING LIENS AND HOW TO AVOID THEM.

To: 218 owners of manufactured homes located on Federal lands in the resorts at Lake Berryessa on the property tax rolls

From: John Tuteur, Napa County Assessor

Re: Review of value of these homes following adoption of Report of Decision by Bureau of Reclamation

Date: October 27, 2006

Several owners of manufactured homes on the property tax rolls locat- ed on Federal lands in resorts at Lake Berryessa have contacted me about a possible decline in value of their home because of the Bureau of

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Owner& Editor
Shirl Katleba

Co-Editor & Writer
Peter Kilkus

Contact Shirl at: 707-966-3806 or 707-287-6240 (Cell & Messages)
Email(new): Shirl1bnews@sbcglobal.net
Contact Peter at: 415-307-6906 (Cell), Email: PKilkus@aol.com

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Reclamation’s declared policy of requiring the removal of these homes from Federal land at the Lake.

I have contacted the Bureau of Reclamation to ascertain the timing of the required removal. I understand that the Removal Plan is still in preparation. Pending the publication of that plan, it is my understand- ing that the existing homes may continue to be used until the deadline for their removal.

The homes at Pleasure Cove Resort are a special case and I am dealing with those owners separately. I am waiting for more information from the Bureau as to the dates when certain actions occurred at Pleasure Cove.

Until I have the final Removal Plan document, I cannot make a deter- mination as to whether a reduction in value has taken place or the amount of that reduction. I understand that at least one brand-new man- ufactured home has been installed at one of the resorts in recent months.

I have made it clear to those owners who have contacted me that they should pay the first installment of the 2006-2007 taxes on their home prior to the delinquency date of December 11. I will contact all 218 owners with our decision prior to the second installment of taxes going delinquent on April 10, 2007. Failure to pay both installments of taxes will result in a lien being placed by the tax collector after June 30, 2007 against the owner of the manufactured home. Attached is an article on liens.

Owners of manufactured homes can contact me by voice 707.253.4459 or by electronic mail at jtuteur@co.napa.ca.gov.

Regional Water Quality Board Extends Sewer Hook-Up Ban

There will be no new sewer hook-ups in the Berryessa Highlands for the foreseeable future. In September, the board issued a draft sewer con- nection ban on the 500-plus homes in the district, a move that followed up on a 1996 enforcement order. The board decided last week to extend the connection ban into perpetuity until the district cleans up its act.


That effectively bars all but five people who were close to completing their permits to build new homes in the district. About a dozen poten- tial homebuilders had applied for building permits, but there were an unknown number of other potential builders who were not yet listed in building records.

Per knowledgeable sources, the ban will extend until the local district completes all necessary upgrades. This may take from 2 to 4 years since the required financing will be through a bond issue which is only now in the planning stages.

Descartes walks into a bar. The bartender says, "Want a beer?" Descartes answers, "I think not," and disappears.

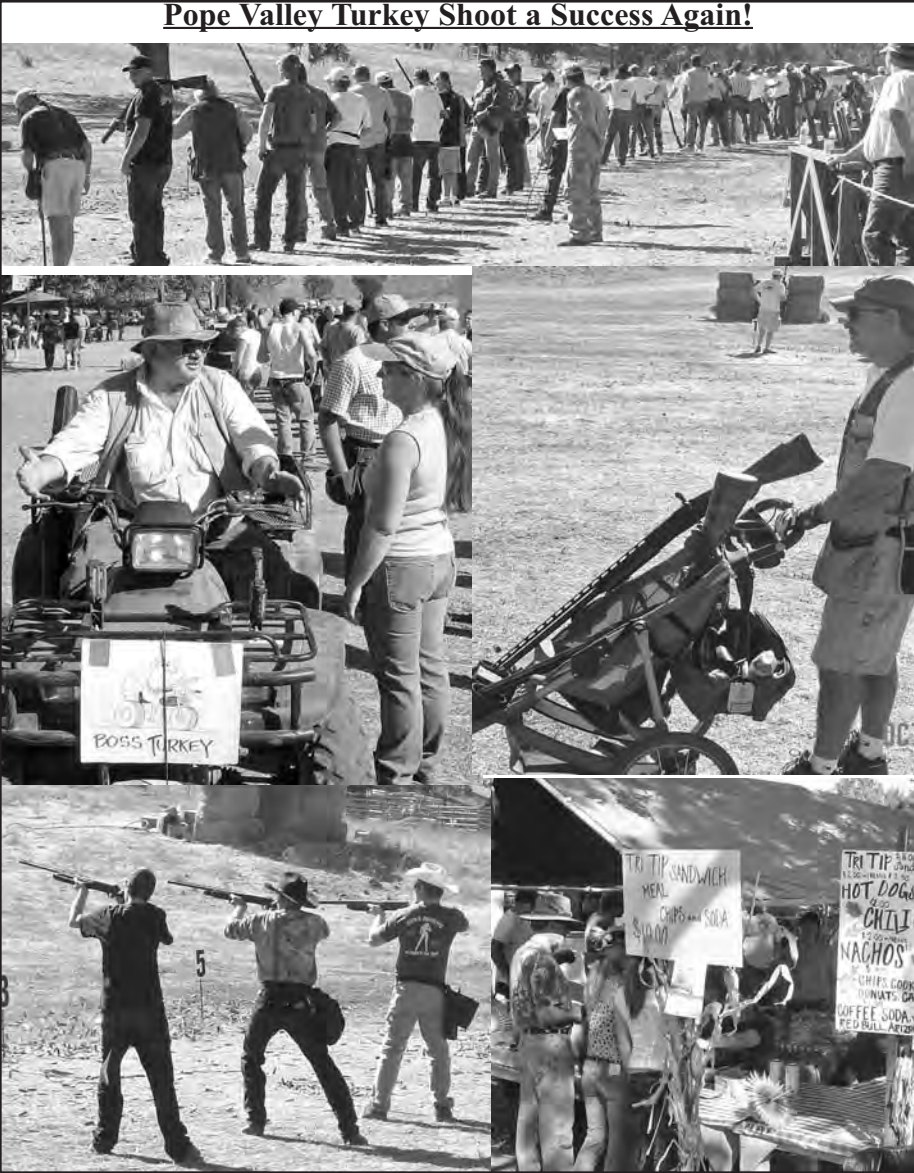
An Irishman, Englishman and Scotsman go into a pub and each order a pint of Guinness. Just as the bartender hands them over, three flies buzz down and one lands in each of the pints.

The Englishman looks disgusted, pushes his pint away and demands another pint. The Scotsman picks out the fly, shrugs, and takes a long swallow. The Irishman reaches in to the glass, pinches the fly between his fingers and shakes him while yelling, "Spit it out, ya bastard! Spit it out!



on Lake Berryessa

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or

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Finally the lake is turning and the fish are getting very active. Trout and salmon are on the top if you troll any lure that has a little wobble and goes down between two feet and eight feet you are going to get fish. You can see

boils all over the lake but on Sunday afternoon as the sun was going down I watched about twenty to thirty good size bass herd the shad into a ball and just feed right thru them. Anything I threw at them that resembled a large shad was hit immediatley. When you look at your fish finder look for balls of bait that indicates that the fish are herding them into a circle and devouring them and that should mean good fishing for you. On Saturday my wife and I trolled in sixty feet of water with lures that dove from four to eight feet. My wife hooked on to an eighteen inch small mouth bass which weighed a little over three pounds and was loaded with shad. We did have a few hits on plastics but the real action was on reaction baits. This should be the hottest three weeks for topwater fishing. We are going into a full moon and the water is cooling down so all signs are good for some great fishing ahead. 'til next weekgood fishing!!!!!! www.fishingconnection.net If you would like to share any fishing stories please email me at bestguide@hotmail.com or call me at 650-583-3333.

Over the years, three explanations for this phenomenon have surfaced. The first invokes an oil, secreted by the spider, that serves as an anti-stick agent. The problem with this hypothesis is that such an oil has yet to be discovered.

The second scenario is based on the diversity of silks. Many webs include strands made of silks that are much less sticky than the others are. The non-sticky strands appear in the hub of the web, the radial spokes and the threads by which the web hangs from plants or other supports. Some researchers have thus posited that the arachnids use only these strands when navigating their webs. If you watch them in action, however, you see will see that although they do seem to prefer the non-sticky strands, the spiders are able to move around freely, touching many of the strands, including the very sticky ones that spiral out from the hub.

The third explanation appears to solve the sticky-strand problem. In short, the legs of at least some spiders feature a disengaging mechanism that enables the arachnid to detach itself instantly from a sticky strand. This mechanism involves a clever anatomical adaptation. Each leg ends in a pair of "walking claws" that grasp vegetation, among other functions, but a third claw collaborates with associated spiny, elastic hairs to detach the leg from a sticky web strand. This third claw grasps the strand, pulls it against the elastic hairs, and pulls them further, cocking the mechanism. When the claw relaxes, the hairs rebound vigorously, throwing the strand away and springing the leg free.

Easy Deviled Eggs
Put cooked egg yolks in a zip lock bag. Seal, mash till they are all broken up. Add remainder of ingredients, reseal, keep mashing it up mixing thoroughly, cut the tip of the baggy, squeeze mixture into egg. Just throw bag away when done easy clean up.

3

Berryessa Senior Center News
PRESIDENTS MESSAGE
I am delighted that so many of you have paid your dues in a timely manner and I hope those of you who have not done so will do so. At the Pot Luck held on October 21, two new board members were elected. Dudley Rutherford accepted the position as Maintenance replacing Mike Quechke. Also, Dave and Judy Lindsey accepted the position of Kitchen Director replacing Pat Turnpaw.

BIRD HOUSE RAFFLE
Rose Stubbs now has the raffle tickets available and for sale for the Bird House built and donated by Ernie Vasheresse . The cost is \$1.00 each or \$5.00 for a book of six. Brenda at the Spanish Flat Country Store has a supply of raffle tickets in case any of you would like to purchase them there before or after going fishing. The raffle will be held on January 13, 2007.

PACKAGES FOR THE TROOPS
Effie Macholz is still in the process of assisting Walter Reed Hospital with donations in the form of games, puzzles, non-perishable goodies and fun stuff to be given to the amputees there. If you have any such items please let her know or drop your donations off at the Center and someone will be sure she receives them. As always thank you for your support.

NOVEMBER POTLUCK
Just to confuse you all, the November “Thanksgiving” Potluck is going to be held on Friday, November 17. The festivities begin at 6pm with your favorite libations and dinner at around 7pm. Don’t forget to bring your own utensils and your favorite cocktails. The Center will supply the Turkey, dressing and gravy. Please bring a side dish that will feed at least 6 people. You can also bring hors d’oeuvres or dessert to share. Don’t forget to bring your own utensils. There will also be a raffle for a beautiful holiday gift basket. Please sign up at the Center, or by phone, or e-mail Berryessasenior@aol.com.

PIRATE BINGO POT LUCK
On December 4th, we’ll have out Piratet Bingo Pot Luck. If you plan to attend please bring a gift of at least \$5 value. Bingo is free that day and as usual the fun will begin at 12:00 noon.

BITS AND PIECES
Betty Pederson is again selling Sees Candy Certificates on behalf of the Center. The cost is \$10.35 per certificate. A sign up sheet is posted at the entrance to the club. The cut off date for processing is November 17.

Betty Fehrenkamp wants everyone to know that the 2007 Calendars are ready for sale. The cost is \$6.00 each and make great stocking stuffers!

Betty Pedersen has invited any of you crafters who would be interested in sewing some fancy pillows or knitting to do your shopping at the “Craft Room” at the Center for lace, ribbon and braid. You can take what you need to make a donation to our Boutique. Yardage is also available as well as buttons. Contact Effie or Betty for more information.

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2006 Lake Berryessa Calendar of Events
11-17 Thanksgiving Dinner & Turkey Raffle, Senior Center, 6 pm*
12-4 Pirate Bingo & Potluck, Berryessa Senior Center, 12 noon*
12-9 Chamber of Commerce Christmas Party, Senior Center, 5 - 9 pm
12-15 Berryessa Seniors Christmas Dinner (Potluck) & Gift Exchange, Berryessa Senior Center, 6 pm* (Bring a new \$10 gift to exchange)
*Every Mon. Bingo 1pm, 252-8488, 1st Mon. of each month Potluck Noon
*Berryessa Senior Center Activities, Call Georgia at 966-2127
*Berryessa Senior Center Email: Berryessasenior@aol.com
*Potlucks, Call 966-0206 (Please leave a message.)
*Lions Club, 966-1413

Napa General Plan - Economic Development Element

Community Meetings

Bring your ideas as to how to further business and housing opportunities to make the Greater Lake Berryessa Area more prosperous.

Tuesday, November 14, 2006

Berryessa Senior Center

4380 Spanish Flat Loop Road

Spanish Flat, CA 94558

5:30 p.m.

Wednesday, November 15, 2006

Pope Valley Farm Center

5800 Pope Valley Road

Pope Valley, CA 94567

5:30 p.m.

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Funny Airline Cabin Announcements

On a Continental Flight with a very "senior" flight attendant crew, the pilot said, "Ladies and gentlemen, we've reached cruising altitude and will be turning down the cabin lights. This is for your comfort and to enhance the appearance of your flight attendants."

"Thank you for flying Delta Business Express. We hope you enjoyed giving us the business as much as we enjoyed taking you for a ride."

As the plane landed and was coming to a stop at Ronald Reagan, a lone voice came over the loudspeaker: "Whoa, big fella. WHOA!"

From a Southwest 245 to Tampa. To operate your seat belt, insert the metal tab into the buckle, and pull tight. It works just like every other seat belt; and, if you don't know how to operate one, you probably shouldn't be out in public unsupervised."

"In the event of a sudden loss of cabin pressure, masks will descend from the ceiling. Stop screaming, grab the mask, and pull it over your face. If you have a small child traveling with you, secure your mask before assisting with theirs. If you are traveling with more than one small child, pick your favorite."

"Your seat cushions can be used for flotation; and, in the event of an emergency water landing, please paddle to shore and take them with our compliments."

Overheard on an American Airlines flight into Amarillo, Texas, on a particularly windy and bumpy day: During the final approach, the Captain was really having to fight it. After an extremely hard landing, the Flight Attendant said, "Ladies and Gentlemen, welcome to Amarillo. Please remain in your seats with your seat belts fastened while the Captain taxis what's left of our airplane to the gate!"

Another flight attendant's comment on a less than perfect landing: "We ask you to please remain seated as Captain Kangaroo bounces us to the terminal."

After a real crusher of a landing in Phoenix, the attendant came on with, "Ladies and Gentlemen, please remain in your seats until Capt. Crash and the Crew have brought the aircraft to a screeching halt against the gate. And, once the tire smoke has cleared and the warning bells are silenced, we'll open the door and you can pick your way through the wreckage to the terminal."



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A Day in the Life of a Small Family Winery

Rustridge Ranch B&B/Winery (www.Rustridge.com) is probably one of the most unique establishments in Napa County. Not only do Susan Meyer and Jim Fresquez produce excellent vintages, but Jim also raises and trains thoroughbred racehorses. Racing memorabilia, including Seabiscuit's saddle, decorate the peacefully-beautiful bed and breakfast while the race horses themselves are only a few feet away to be admired. One of Jim's horses, Stacy's Ridge (pictured below) , just won at Golden Gate Fields in October!



One fact I've discovered about a small family-run winery is how much work it takes to be successful - especially during the harvest and crush season. After a quick training lecture, I was allowed to help Jim, Susan,

and Mark sort and crush about 9 tons of grapes last Thursday. The bins were slowly unloaded at the top of a stainless steel slide where we sorted and discarded the unripe or too dry rejects before the grape clusters hit the crusher. The only break came when the crusher balked and Jim had to beat it back into submission from underneath with a hammer.

It wasn't quite as hectic as that old I Love Lucy conveyor belt sketch, but we did have to be vigilant and quick if we wanted to get done before sunset. Although we worked among literally hundreds of yellowjackets, the insects



GOLDEN GATE FIELDS, CA		10/14/2006	STACY'S RIDGE	RUSTRIDGE RANCH & WINERY,
ILKA MINER.....	SECOND	6 FURLONGS 1:10.15	MURSE \$22,200	SYSON & SYSON.....
PRONZINI.....	THIRD	"I'VE NEVER LOST!"	KRAMER	JIM FRESQUEZ.....
COPYRIGHT VASSAR PHOTOGRAPHY 2006		DEPOT HILL		JORGE BOURDIEU.....
				C.J. WILSON.....



were much more interested in getting their share of grape juice than in stinging us. Most of the grapes were so nice and ripe (and tasted good too) that I actually could feel myself becoming angry when an unripe or too dry bunch tried to sneak by my obsessive gaze. But I'm not sure I want to squeeze, grab, strip, or toss any more juicy clusters of grapes for awhile.

After we recovered with a glass of Rustridge's great Chardonnay in the comfortable B&B kitchen, we headed out for dinner at Cucina Italiana. Another very nice Rustridge tradition is how easily guests and customers become friends and come back often to enjoy the B&B and even help out at the winery.

That day I met John from Ireland, Walt from down the road, Mike from St. Louis (now Napa), Jan from New Jersey (now Angwin), and Robert and his wife from Montana who were writing a book about Napa hiking trails. And often we all end up at Cucina Italiana where we meet even more friends and neighbors! This community spirit is one of the major reasons people love to live in the Lake Berryessa area.



Wine Trivia

- Grape Clusters on a vine—40
- Grapes in a cluster—75-100
- Grape clusters in bottle—5-6
- Grapes in a bottle—500-600
- Grape clusters in one glass of wine—1
- Vines per acre—400
- Pounds of grapes produced by 1 vine—8-12
- Tons / acre—5 (average—can vary greatly)
- Gallons of wine per ton of grapes—120
- Gallons of wine per acre—800
- Barrels per acre—13.5
- Bottles per vine—10
- Bottles per ton—500—700
- Bottles per acre—4,000
- Cases per barrel—24.6
- Glasses per acre—16,000
- Glasses in a bottle—5-6
- Bottles per 60 gallon barrel—300
- Average annual wine consumption of French per capita—15.81 gallons
- Average annual wine consumption of Americans per capita—2.01 gallons
- Average annual soft drink consumption of Americans per capita—55 gallons
- Average annual beer consumption of Americans per capita—22 gallons
- Average annual coffee consumption of Americans per capita—22 gallons
- Average annual bottled water consumption of Americans per capita—11 gallons

HAPPY HAPPY
NOVEMBER BIRTHDAYS

Jere Baxter
Katherine Baxter
Gloria Briones 12th
Walter “Curley”Craddock 29th
Bill Henderson 29th
Paula Kenny 19th
Richard Kuhn 16th
Joan Maltbie 11th
Bette Medeiros 22nd
Elsie Plunkett
Elaine Rehmke 29th
Judy Lindsey


HAPPY
HAPPY

26th Anniversary

To My Daughter Ginny
& Son-in-law Dave Eck

With Lots of Love

Dad ~ Mr. C



HA! HA! Harvey Due to the popularity of the Survivor shows, Texas is planning to do one entitled, "Survivor-Texas Style."
The contestants will all start in Dallas , then drive to Waco , Austin , San Antonio, over to Houston and down to Brownsville .
They will then proceed up to Del Rio, El Paso, Midland , Odessa , Lubbock and Amarillo . From there they will go on to Abilene , Fort Worth and finally back to Dallas .
Each will be driving a pink Volvo with bumper stickers that read: I'm Gay, I Love the Dixie Chicks, Boycott Beef, I Voted for John Kerry, George Strait Sucks, Hillary in 2008 and I'm here to confiscate your gun.
The first one to make it back to Dallas alive wins.

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I hope you never lose your sense
of wonder
You get your fill to eat
But always keep that hunger
May you never take one single
breath for granted
God forbid love ever leave you
empty handed.
I hope you still feel small, when
you stand beside the ocean
Whenever one door closes, I hope
one more opens
Promise me that you'll give faith
the fighting chance
And when you get the choice to sit
it out or dance.
I hope you dance
I hope you dance
I hope you never fear those
mountains in the distance.
Never settle for the path of least
resistance
Livin' might mean takin' chances,
but they're worth takin'.
Lovin' might be a mistake, but it's
worth makin
Don't let some hell bent heart
leave you bitter
When you come close to selling
out, reconsider.
Give the heavens above more than
just a passing glance
Promise me that you'll give faith a
fighting chance
And when you get the choice to sit
it out or dance.
I hope you Dance
ANGEL

Ha! Ha! Harvey Kids!

Q: Name the four seasons.
A: Salt, pepper, mustard and vinegar.
Q: How is dew formed?
A: The sun shines down on the leaves and makes them perspire.
Q: How can you delay milk turning sour?
A: Keep it in the cow.
Q: What is the fibula?
A: A small lie.



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Precipitation are for previous 24 hours					
Date	Elev.	Evap.	High	Low	Precip.
10/23/06	431.00	0.11	85	45	0.00
10/24/06	430.98	0.10	84	45	0.00
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-- Lillian Carter
(mother of Jimmy Carter)

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Ha! Ha! Harvey
Deja Moo: The feeling that you've heard this bull before.
I went to buy some camouflage trousers the other day but I couldn't find any.
A man woke up in a hospital after a serious accident.
What do you call a fish with no eyes?
A fsh.
Two fish swim into a concrete wall. The one turns to the other and says "Dam!"
Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft.
Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too.

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California

From the cool electric gaze of a Hollywood enigma
to the cormorant eating fish at a Muir Beach tide pool,
the state's a deep oasis of appetite and ease.
The newspaper reports eighty quakes a week,
most of them temblors faint as a star on water.
As whole hands of fog drape over the Golden Gate,
a piano in Oakland moans like a choir.
In the High Sierras, falling snow
is blue as brand-new skin;
the world's weight is measured
by a metaphysical Reno as clean as Disneyland.

Closer to Sacramento, the hum of BMWs
on their way to a software convention
sounds tasteful in the rain.
The motel owner knows the desert speed
of screenplays, since he is writing one
in the neon light of a nude but lucid room.
A postmodern bar just opened down the street.
No dancing, no smoking, no alcohol are allowed.
But you can get a mud bath, scented body wrap,
and whales hysterically singing
directly into your headphones.
The county sheriff has a Ph.D. and surfs the internet.
Relations are wreathed with chaos theory
and the "new world order."

As the millennium rudely proceeds and nature
politely recedes, everyone thinks good thoughts.
Former cheerleaders join a women's drumming circle.
The family leaves the Methodist Church
for a sweat lodge in the country. In the absence
of the Soviet Union, Satan makes a comeback
along with angels who look like airline stewards,
cheeks rosy with steroids and purpose.
But they're on leave or out of work.

Narcissus drowns in a tide pool while reflecting
on a starfish; Sisyphus rides a mountain bike
up Mt. Tamalpais, where Zeus confuses omniscience
with his remote control. The future oversleeps.
But in a trailer home in Rancho Cucamonga,
the present has a theory scratched as paradise.
Bruise's star is dark.

The bargain was to sing, as populations do,
the terrors of pleasure, like holding the gecko's tail
after it has dropped. Disguised by rear-view worlds,
we have taken steps in just that direction.
Glad the puritans came, we wander back repressed
to the land we would unsettle. Darkness
swallows borders. A wilderness shines.

PAUL HOOVER

The Lake Berryessa News

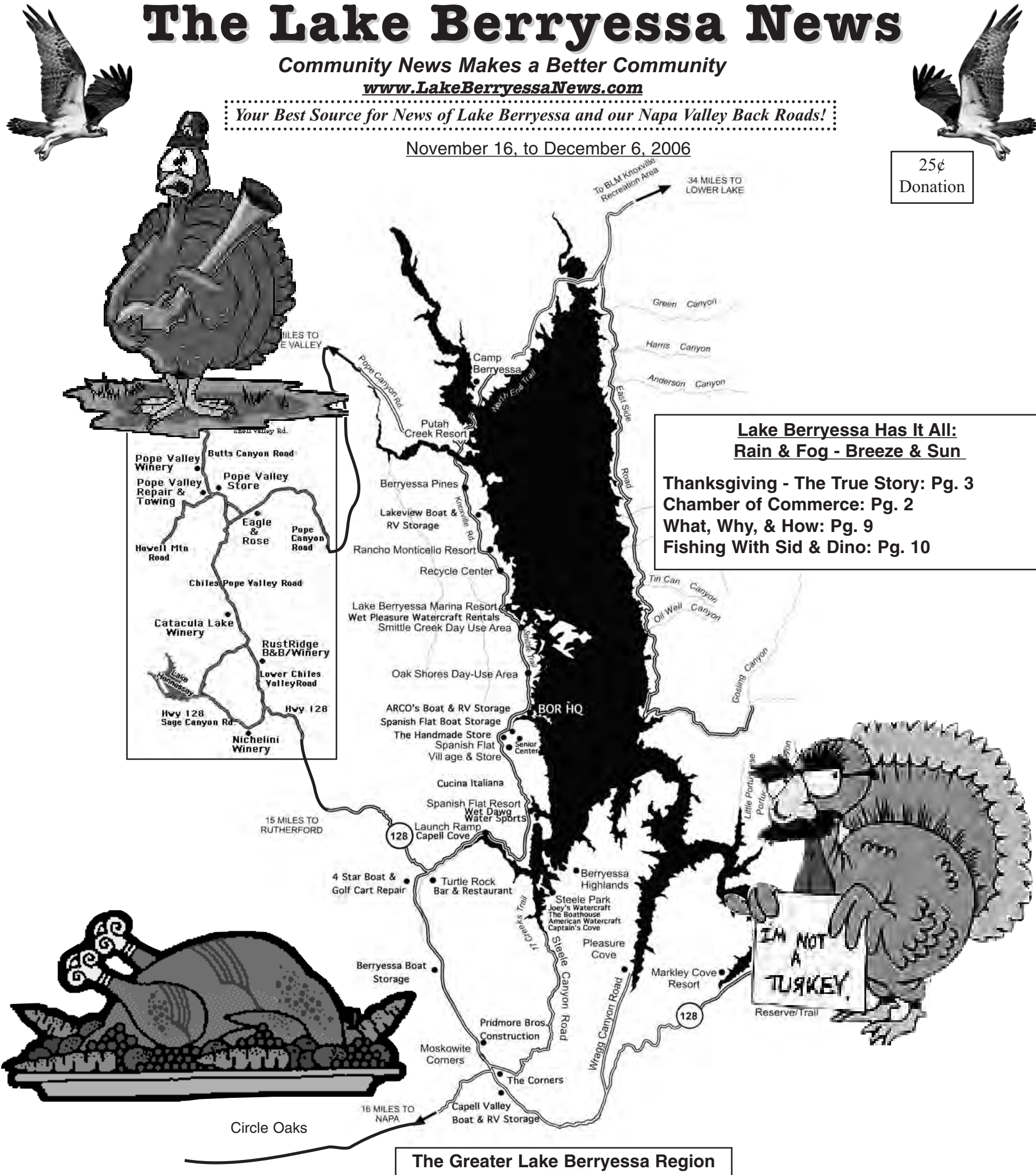
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**Thanksgiving - The True Story: Pg. 3
Chamber of Commerce: Pg. 2
What, Why, & How: Pg. 9
Fishing With Sid & Dino: Pg. 10**

The Greater Lake Berryessa Region

To The Editor

I am appalled at the prices that the Residents of Berryessa Estates are having to pay for water and sewer. For my Family, what makes the most sense here at Berryessa Highlands, is to vote YES for a "reasonable Property Tax Assessment." We are willing and able to afford \$100 to \$150 per every other month (over what we pay already) ..\$500 more a month would make us NEED to leave. Who would buy a home here knowing those circumstances? We do need to LISTEN to WALLY, and think about our futures in this glorious haven...

Shari Bonds, Berryessa Highlands

Embers

Poor summer, it doesn't know it's dying.
A few days are all it has. Still, the lake
is with me, its strokes of blue-violet
and the fiery sun replacing loneliness.
I feel like an animal that has found a place.
This is my burrow, my nest, my attempt
to say, I exist. A rose can't shut itself
and be a bud again. It's a malady,
wanting it. On the shore, the moon sprinkles
light over everything, like a campfire,
and in the green-black night, the tall pines
hold their arms out as God held His arms
out to say that He was lonely and that
He was making Himself a man.

HENRI COLE

A blonde woman was speeding down the road in her little red sports car and was pulled over by a woman police officer who was also a blonde. The blonde cop asked to see the blonde driver's license. She dug through her purse and was getting progressively more agitated.

"What does it look like?" she finally asked. The policewoman replied, "Its square and it has your picture on it. The driver finally found a square mirror in her purse, looked at it and handed it to the policewoman.

The blonde officer looked at the mirror, then handed it back saying, "Okay, you can go. I didn't realize you were a cop."

The Lake Berryessa News

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Owner& Editor
Shirl Katleba

Co-Editor & Writer
Peter Kilkus

Contact Shirl at: 707-966-3806 or 707-287-6240 (Cell & Messages)
Email(new): Shirl1bnews@sbcglobal.net
Contact Peter at: 415-307-6906 (Cell), Email: PKilkus@aol.com
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Lake Berryessa Chamber of Commerce

Meeting

Monday, Nov. 27, 7 P.M.

The Corners Cafe

At the intersection of Hwy 121 & Hwy 128

Christmas Party

Saturday, Dec. 9, 5 - 9 P.M.

Berryessa Senior Center

Members, Guests, & Community Supporters Welcome!

2006 Lake Berryessa Calendar of Events

- 11-17 Thanksgiving Dinner & Turkey Raffle, Senior Center, 6 pm*
- 12-4 Pirate Bingo & Potluck, Berryessa Senior Center, 12 noon*
- 12-9 Chamber of Commerce Christmas Party, Senior Center, 5 pm
- 12-15 Berryessa Seniors Christmas Dinner (Potluck) & Gift Exchange, Berryessa Senior Center, 6 pm* (Bring a new \$10 gift to exchange)

*Every Monday - Bingo 1pm, 252-8488,
*1st Monday of each month Potluck Noon
*Berryessa Senior Center Activities, Call Georgia at 966-2127
*Berryessa Senior Center Email: Berryessasenior@aol.com
*Potlucks, Call 966-0206 (Please leave a message.)
*Lions Club, 966-1413

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Bubba and Bubba Jr. were driving down an Arkansas back road drinkin' some beers when they spotted a police roadblock ahead.

Bubba Jr. says: "Dad, are we gonna get caught drinking and driving agin?" Bubba pulls off the road and says: "No, son. Finish your beer, peel off the label and stick it on your forehead, stash the bottle under the seat and I'll do the talkin'"

They pull up to the roadblock and are stopped, the officer asks "You boyz been drinkin?"

"No," Bubba says, "We're on the patch!"

Children in a Sunday school class were tested to see if they understood the concept of getting to heaven. The teacher asked them, "If I sold my house and my car, had a big garage sale and gave all my money to the church, would that get me into Heaven?" "NO!" the children answered.

"If I cleaned the church every day, mowed the yard, and kept everything neat and tidy, would that get me into Heaven?" Again, the answer was, "NO!"

"Well, then, if I was kind to animals and gave candy to all the children, and loved my husband, would that get me into Heaven?" she asked them again. Again, they all answered, "NO!"

The teacher was just bursting with pride for them. "Well," she continued, "then how can I get into Heaven?"

A five-year-old boy shouted out,

"YOU GOTTA BE DEAD."



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California Association of Realtors (C.A.R); EXPECTS COOLING HOME SALES, MODEST PRICE DECREASE NEXT YEAR - 2007

The rate of home price appreciation will post a modest decline next year following several years of steep increases, while the sales pace will decrease as the market stabilizes throughout 2007, according to C.A.R.'s "2007 California Housing Market Forecast," presented during the California REALTOR® EXPO 2006. The median home price in California will decline 2 percent to \$550,000 in 2007 compared with a projected median of \$561,000 this year, while sales for 2007 are projected to decrease 7 percent to 447,500 units, compared with 481,200 units (projected) in 2006.

"Although the 2007 sales decline is not expected to be as steep as what we experienced this year, the psychology of the market -- matching the differing expectations of sellers and buyers -- will continue to be a factor as REALTORS® help consumers navigate their way through a changing market," said C.A.R. President Vince Malta. "While we're projecting a modest decline in the median price of a home, over the long term, residential real estate in California has been and will continue to be a solid investment. Since 1968, the long-term average price appreciation is 9.1 percent."

The anticipated slowdown that began in October 2005 was heightened by dual natural disasters in the Gulf Coast, a significant drop in consumer confidence, rising energy and raw materials costs, and a series of Federal Reserve interest rate hikes that began in June 2004. Fixed-rate mortgages also hit and passed the psychological threshold of 6 percent, while adjustable-rate mortgages passed 5 percent, ultimately causing a decline in affordability. Affordability concerns also will continue to constrain sales for many households in California throughout 2007, especially for first-time home buyers."


Information Courtesy of Brenda Brown, Realtor



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Does Damp Weather Make Arthritis Pain Worse?

Despite the commonly held notion that dampness contributes to joint aches, decades of medical research show no objective relation between arthritis severity and weather. Dampness, decreases in barometric pressure and high humidity are characteristics that some people believe contribute to flares in arthritis pain, but similar environmental changes experienced during other situations do not seem to affect sufferers one way or the other. For instance, arthritis patients do not experience dramatic increases in symptoms when bathing or swimming. Patients easily tolerate greater swings in pressure during a plane ride than would occur during a storm.

Still, no past study investigating the link between weather and arthritic pain is flawless; research has neither totally ruled out nor established a connection. Evidence of a causal link requires dispassionate observation wherein neither clinicians nor patients know what exposure is active. Clinicians and patients would have to ignore weather - a difficult task.

Studies suggest people see patterns even where none exist. By chance, some rainy days will be followed by pain, entrenching the belief in a connection. Ultimately, such beliefs reveal more about the workings of the mind than those of the body.

Why is spider silk so strong?

Spider silk is not a single, unique material--different species produce various kinds of silk. Some possess as many as seven distinct kinds of glands, each of which produces a different silk.

Why so many kinds of silk? Each kind plays particular roles. All spiders make so-called dragline silk that functions in part as a lifeline, enabling the creatures to hang from ceilings. And it serves as a constant connection to the web, facilitating quick escapes from danger. Dragline silk also forms the radial spokes of the web; bridgeline silk is the first strand, by which the web hangs from its support; yet another silk forms the great spiral.

The different silks have unique physical properties such as strength, toughness and elasticity, but all are very strong compared to other natural and synthetic materials. Dragline silk combines toughness and strength to an extraordinary degree. A dragline strand is several times stronger than steel, on a weight-for-weight basis, but a spider's dragline is only about one-tenth the diameter of a human hair. The movie Spider-Man drastically underestimates the strength of silk—real dragline silk would not need to be nearly as thick as the strands deployed by our web-swinging hero in the movie.

Dragline silk is a composite material comprised of two different proteins, each containing three types of regions with distinct properties. One of these forms an amorphous (noncrystalline) matrix that is stretchable, giving the silk elasticity. When an insect strikes the web, the stretching of the matrix enables the web to absorb the kinetic energy of the insect’s flight. Embedded in the amorphous portions of both proteins are two kinds of crystalline regions that toughen the silk. Although both kinds of crystalline regions are tightly pleated and resist stretching, one of them is rigid. It is thought that the pleats of the less rigid crystalline regions not only fit into the pleats in the rigid crystals but that they also interact with the amorphous areas in the proteins, thus anchoring the rigid crystals to the matrix. The resulting composite is strong, tough, and yet elastic.

Mental Workout - Is Thinking Exercise?

Need to lose some flab? Sit your big butt down with a math book—and feel the burn. The human brain is a 24-hour workhorse. While you’re thinking, millions of neurons fire messages back and forth to each other and to the various tissues in the body. These neurons need fuel, consuming a full 75 percent of the blood sugar from the liver and 20 percent of the body’s total used oxygen.

Here’s how your neurons feed: Astrocytes—the cells near the capillary walls in your brain—suck energy-rich glucose from the bloodstream and convert it into a form that the neurons can soak up. The neurons then use it to fuel the production of neurotransmitters and, eventually, conscious thought. “The more energy an area of the brain wants, the more glucose that part of the brain will break down,” explains neurologist Harry Chugani of the Children’s Hospital of Michigan. “So yes, if you’re thinking really hard and really struggling with your thoughts, the neurons in the frontal lobes of your brain will be burning a lot more glucose.”

Simply to survive, your brain requires a tenth of a calorie per minute. Compare this with a walk to the doughnut shop, when your body burns approximately four calories a minute. Kickboxing zaps 10 calories a minute. And when you’re hunched over a crossword puzzle? Your brain is blasting through a respectable 1.5 calories a minute. Pass the Cheetos.

Why does inhaling helium make one's voice sound strange?

In order to understand how helium has this effect on a voice, it is helpful to first consider how sound waves form and travel, as well as some basic properties of gases.

Sound waves are formed by the vibration of something (a drum-skin or your vocal chords, for instance) in a medium such as air. In the case of a drum, as one strikes its skin, it vibrates up and down. As it moves up, it pushes against the gas molecules of the air, forcing them upward against other molecules. The gas molecules are compressed together and this

ripple of compressed molecules moves up away from the drum. Meanwhile, the drum skin moves down and back up again, resulting in another compression. This moving series of compressions is a sound wave, and the distance between them is known as the wavelength.

All gas samples have the same number of molecules per unit volume at a given pressure and temperature, whether the gas is helium or nitrogen (the primary constituent of air). But not all gas molecules have the same mass. Nitrogen (and thus air) has a mass roughly seven times greater than that of helium. Nitrogen is thus denser than helium and sound waves travel through it more slowly than they do in helium. At 20 degrees Celsius, for example, sound travels at 927 meters a second through helium, but only at 344 meters a second through air.

Like the vibration of a drum or a violin string, the vibration frequency of the vocal cords is independent of the type of gas that surrounds them. Whereas the velocity of the sound waves is faster in helium (and the wavelength greater), the frequency remains unchanged because it is determined by the vibrating vocal cords. Rather the timbre, or quality, of the sound changes in helium: listen closely next time and you will notice that a voice doesn’t become squeaky but instead sounds more like Donald Duck. It is the lesser density of the heli-



"...and, as you go out into the world, I predict that you will, gradually and imperceptibly, forget all you ever learned at this university."

HAPPY HAPPY
NOVEMBER BIRTHDAYS

Jere Baxter
Katherine Baxter
Gloria Briones 12th
Walter “Curley”Craddock 29th
Bill Henderson 29th
Paula Kenny 19th
Richard Kuhn 16th
Joan Maltbie 11th
Bette Medeiros 22nd
Elsie Plunkett
Elaine Rehmke 29th
Judy Lindsey

**Only on Thanksgiving day
do we bless the turkey;**
To God we are thankful for that bird.
(for normally the "turkey" is a "nerd").
May our hearts be lifted up as our bellies fill.
May our lives continue to show
Love for God, family and country still.
Especially today, we pray,
God Bless the USA.

(contributed by Dr. Anna P. Adriana Rich)

Our Father in Heaven, we give thanks for the
pleasure of gathering together for this occasion. We
give thanks for life, the freedom to enjoy it all, and all
other blessings. As we partake of this food, we pray
for health and strength to carry on and try to live as
You would have us. This we ask in the name of
Christ Our Heavenly Father.

~Harry Jewell, mid-1900's

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~ Stephen Wright
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A Thanksgiving Day Prayer

*Lord, so often times, as any other day
When we sit down to our meal and pray*

*We hurry along and make fast the blessing
Thanks, amen. Now please pass the dressing*

*We're slaves to the olfactory overload
We must rush our prayer before the food gets cold*

*But Lord, I'd like to take a few minute more
To really give thanks to what I'm thankful for*

*For my family, my health, a nice soft bed
My friends, my freedom, a roof over my head*

*I'm thankful right now to be surrounded by
those
Whose lives touch me more than they'll ever
possibly know*

*Thankful Lord, that You've blessed me beyond
measure
Thankful that in my heart lives life's greatest
treasure*

*That You, dear Jesus, reside in that place
And I'm ever so grateful for Your unending
grace*

*So please, heavenly Father, bless this food
You've provided
And bless each and every person invited*

For each new morning with its light,

For rest and shelter of the night,

For health and food,


For love and friends,

For everything Thy goodness sends.

ANGEL

**For each new morning with its light,
For rest and shelter of the night,
For health and food, for love and friends,
For everything Thy goodness sends.**

~Ralph Waldo



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Dam Level Update					
The elevation of the spillway (Glory Hole) at Monticello Dam is 440 feet. The water now is <u>9.23</u> feet below the top of spill way. Lake Berryessa has had <u>1.99</u> inches of rainfall since July 1 st , 2006 As reported by Carlos Jefferys of the Corners Nov. 2 nd .24`` ~ Nov. 3 .82`` Nov. 12 .05`` & Nov. 13 .20``					
Date	Elev.	Evap.	High	Low	Precip. SID
11/6/06	430.85	0.04	74	50	0.00
11/7/06	430.84	0.02	76	50	0.00
11/8/06	430.83	0.05	80	51	0.00
11/9/06	430.81	0.10	75	41	0.00
11/10/06	430.80	0.08	68	35	0.00
11/11/06	430.81	0.03	64	35	0.19
10/12/06	430.77	0.04	5850	38	0.06

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"I feel sorry for people
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 they wake up in the
 morning, that's as good
 as they're going to feel
 all day. "
 ~Frank Sinatra
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Ha! Ha! Harvey
 Thuh old redneck
 A old redneck was stopped by a
 game warden with two ice chests
 full of live fish in water, leaving a
 lake well known for its fishing.
 The game warden asked the man,
 "Do you have a license to catch
 those fish?"
 "Naw, my friend, I ain't got no
 license. These here are my pet
 fish."

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Cont.. Redneck fish.
 "Pet fish?"
 "Yep. Every night I take these fish down to the
 lake and let 'em swim' round for a while. Then
 I whistle and they jump right back into this ice
 chest and I take 'em home."
 "That's a bunch of BS! Fish can't do that!"
 The old redneck looked at the game warden for
 a moment and then said, "It's the truth. I'll
 show you. It really works."
 "Okay, I've GOT to see this!"
 The old redneck poured the fish into t he lake
 and stood and waited. After several minutes,
 the game warden turned to him and said,
 "Well?"
 "Well, what?" said the redneck.
 "When are you going to call them back?"
 "Call who back?" "The FISH!" "What fish?"

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