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**Lake Berryessa Historical Rainfall Comparisons**

In the 10 years I've been measuring rainfall at Steele Park Resort and the Berryessa Highlands, I've noticed a significant difference between my measurements and Carlos' at The Corners. Although only 6 miles farther inland, The Corners gets many inches more rain. For example, this year I measured .61 inches on Dec. 22 and Carlos got .81 and on Dec. 28 I measured 1.44" and Carlos got 1.98". My total to date is 6.1" and Carlos' is 8.9" inches.

Season	First Rain	Total By 1/1	Last Rain	Season Total	Oddball Events
97-98		10.5"	5/28/98	42"	6/12/98 light
98-99	11/10/98	6.25"	4/11/99	22+"	
99-00	10/30/99	6.0"	5/21/00	25+"	
00-01	10/20/00	6.0"	4/28/01	23"	
01-02	10/29/01	18"	5/20/02	25+"	
02-03	11/7/02	20+"	5/9/03	34+"	
03-04	10/31/03	16.25"	3/26/04	26.75"	5/28/04 - shower
04-05	10/19/04	15.25"	5/18/05	35.25"	6/7 & 6/17 - .5"ea
05-06	9/26 & 10/26 light	20.3" (Peter) 26.4" (Carlos) floods on 12/31/05	5/22/06	43.25" (Peter) 60+ (Carlos)	2/19/06 - SNOW!
06-07	10/3/06 (.22") 11/2/06 (.8")	6.1" (Peter) 8.9" (Carlos)			



# The Lake Berryessa News

Community News Makes a Better Community  
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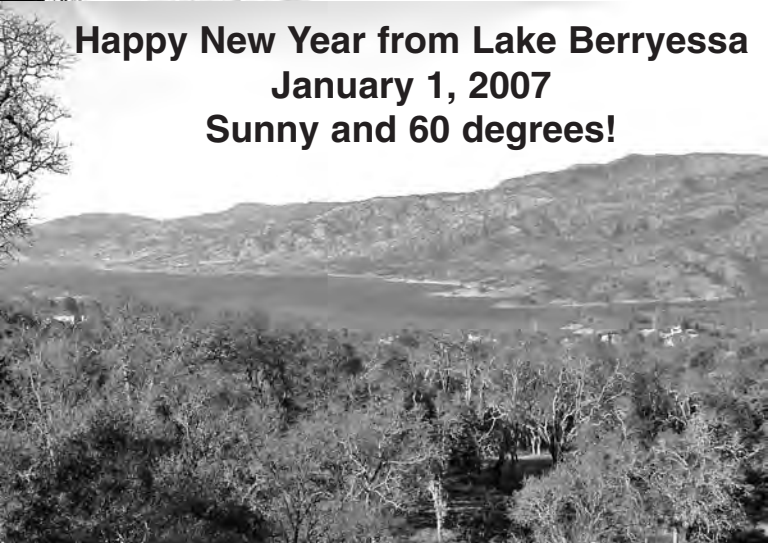
Your Best Source for News of Lake Berryessa and our Napa Valley Back Roads!

January 4, to January 17, 2007

25¢  
Donation



**Happy New Year from Lake Berryessa**  
**January 1, 2007**  
**Sunny and 60 degrees!**



**West Lake Area**

Aetna Springs Golf Course  
Pope Valley Winery  
Pope Valley Repair & Towing  
Hovell Mtn Road  
Catacula Lake Winery  
Hwy 128 Sage Canyon Rd  
Butts Canyon Road  
Pope Valley Store  
Eagle & Rose  
Pope Canyon Road  
Chiles Pope Valley Road  
Rust Ridge B&B/Winery  
Lower Chiles Valley Road  
Nichelini Winery  
Hwy 128

10 MILES TO POPE VALLEY

Pope Canyon Rd  
Camp Berryessa  
Putah Creek Resort  
Berryessa Pines  
Lakeview Boat & RV Storage  
Rancho Monticello Resort  
Recycle Center  
Lake Berryessa Marina Resort  
Wet Pleasure Watercraft Rentals  
Smittle Creek Day Use Area  
Oak Shores Day-Use Area  
ARCO's Boat & RV Storage  
Spanish Flat Boat Storage  
The Handmade Store  
Spanish Flat  
Village & Store  
Spanish Flat Cantina  
Cucina Italiana  
Spanish Flat Resort  
Wet Dawg Water Sports  
Launch Ramp  
Capell Cove  
15 MILES TO RUTHERFORD

128

4 Star Boat & Golf Cart Repair  
Turtle Rock Bar & Restaurant  
Berryessa Boat Storage  
Moskowitz Corners  
Pridmore Bros Construction  
The Corners  
Capell Valley Boat & RV Storage  
16 MILES TO NAPA

Circle Oaks

17 Miles to Steele Park

Steele Park  
Joey's Watercraft  
The Boathouse  
American Watercraft  
Captain's Cove  
Pleasure Cove  
Berryessa Highlands  
BOR HQ  
Senior Center  
Spanish Flat  
Village & Store  
Spanish Flat Cantina  
Cucina Italiana  
Spanish Flat Resort  
Wet Dawg Water Sports  
Launch Ramp  
Capell Cove  
15 MILES TO RUTHERFORD

128

Monticello Dam  
Markley Cove Resort  
Stebbins Cold Canyon Reserve/Trail  
Lake Solano Park

Little Portuguese Canyon  
Portuguese Canyon

34 MILES TO LOWER LAKE

To BLM Knoxville Recreation Area

Green Canyon  
Harris Canyon  
Anderson Canyon

**The Greater Lake Berryessa Region**



**Spanish Flat Cantina New Year's Day Brunch** was filled with friends and well-wishers who left filled with geat food! Check out Cucina's Stefano without his Chef's garb.



**Happy January 6 Birthday to Shirl**  
Without you there would be no Lake Berryessa News!

**The Lake Berryessa News**  
**www.LakeBerryessaNews.com**

Published the first and third Thursday of each month.

**Owner & Editor**

*Shirl Katleba*

**Co-Editor & Writer**

*Peter Kilkus*

Contact Shirl at: 707-966-3806 or 707-287-6240 (Cell & Messages)  
Email(new): Shirlbnews@sbcglobal.net

Contact Peter at: 415-307-6906 (Cell), Email: PKilkus@aol.com

Only \$25 per year to have the Lake Berryessa News delivered to your mail-box. Send check or money order with your information to:

**The Lake Berryessa News, 6244 Hwy 128, Napa, CA 94558**

***Spanish Flat Cantina***  
**Dos Amigas Mexican Restaurant and Flats Bar**

\*\*\*\*\*

**Formal Opening - Thursday, January 4, 2007**

**Winter Hours**

**Thursday & Friday, 5 P.M. to 9 P.M.**

**Saturday & Sunday, 9 A.M to 9 P.M**

Dos Amigas Restaurant will serve homemade, tried-and-true Mexican recipes as well as special steak and salmon dishes. Flats Bar will serve at least 20 local wines and 20 brands of beer!

**4370 Knoxville Road (Spanish Flat Village Center), 966-0549**



**HAPPY 20TH  
BIRTHDAY TO  
BETH BONDS  
!!!!!!  
WE LOVE YOU  
SO MUCH,  
MOM & DAD**



**2006 Lake Berryessa Calendar of Events**

- 1-4 Spanish Flat Cantina Formally Opens For Business
- 1-13 Senior Center Crab Feed
- 1-14 Douglas Roberts Memorial Service, Senior Center, 4 P.M.
- 1-22 Chamber of Commerce, 7 P.M., Spanish Flat Cantina

\*Every Monday - Bingo 1pm, 252-8488,

\*1st Monday of each month Potluck Noon

\*Berryessa Senior Center Activities, Call Georgia at 966-2127

\*Berryessa Senior Center Email: Berryessasenior@aol.com

\*Potlucks, Call 966-0206 (Please leave a message.)

\*Lions Club, 966-1413

**Fishing With Sid!**

This holiday season from Christmas thru New Year's was very cold on the water. Trolling on the surface early in the morning produced trout and some salmon. I took someone out from Spanish Flat as a favor to Mike and we headed for the vineyards. The lake was very calm over the Christmas weekend and it was easy getting around. All over the lake there were grass mats floating which made trolling almost impossible so I changed to throwing a top water chugger in about three feet of water. This produced some activity and I landed a two and a half plus pounds spotted bass on a slow retrieve.

Now I had him try it and he had a couple of good hits but didn't land any. Next I tried brass and glass with a pumpkin senco and landed another nice size bass. My deal with him was everytime I landed a fish he got to use the same rod after me and he had some bites with the brass and glass but no luck bringing them to the boat.

The next day I went straight to what I call catfish cove. Using hotdogs and liver on two separate rods and listening to music I spent a couple of hours relaxing and catching six catfish ranging from three pounds to twelve pounds. The secret is to leave your rods alone and just wait for the action. The fish usually bite just when you're about to have your lunch or are not paying any attention.

Being I was the only one on the boat what do you do when both rods hit



at the same time.....well this is how I handled it. I took the rod with the most line started to bring in the fish and I saw it was hooked securely so I put the rod back in the holder and went to the other rod which was almost at the end of the line and brought that fish in which happened to be the twelve pounder then went back to the other rod and brought that fish in too. Some of my friends said they had luck drop shotting in forty to fifty feet of water once they found the fish. Hope everyone had a Merry Christmas and I wish you all a very Happy New Year. 'til next week.....good fishing!!!!!! www.fishingconnection.net If you have any fishing stories you would like to share please email me at bestguide@hotmail.com or call me at 650-583-3333.

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What would we get if all the cars in the USA were red?

A red carnation!

What's worse than a giraffe with a sore throat?

A centipede with sore feet!

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Tips for Repairing Your Credit

Most of us, at some time or another, have done something to adversely affect our credit rating, perhaps without even knowing it. A late or missed credit card or home mortgage payment is just one example. When you buy a home, your real estate agent will encourage you to get pre-approved for your mortgage. It's during the loan application process when problems often come to light.

There are three major consumer reporting agencies (CRAs), or credit bureaus, that mortgage companies use to assess a buyer's credit rating: Experian, Equifax and Trans Union. Credit scores typically range from 300 to 850. For home loan purposes, a score of 650 or higher generally indicates a good credit history and will make it easier for you to secure a mortgage. If your score falls between 620 and 650, your borrowing capability will be examined more closely. And if you rate below 620, you may have a credit crisis.

When you're in the market to buy a home and discover that you have bad credit and your score is low, don't despair. Although it may delay the purchase of your home, there are ways to repair your bad credit rating so that you may still qualify for a home mortgage with a decent interest rate.

How to Repair It: Once again, contact your creditor by phone and follow up with a written request that the mistake be corrected. Because the Fair Credit Reporting Act (FCRA) requires that credit agencies and their information providers investigate reports of inaccuracies, you'll also want to contact the CRA directly to report the discrepancy. As you work on repairing your credit rating, there are other things you can do to improve your score:

• Make sure that you pay all of your monthly bills on time

• Avoid opening new credit card accounts, including department store cards

• Work toward paying down your unsecured debt, but keep accounts open even if you pay them off

• Pay cash for the things you need instead of charging them

If, after all your work, you still score below the 620 mark, it doesn't mean that you won't qualify for a home loan. It may mean, however, that your mortgage will take longer to process and the terms and interest rate may not be as good as you were hoping for. Talk to your real estate agent about referrals to high-risk lenders. Repairing bad credit can take many months to a year or more. But when you're ready to buy a home, you'll be glad you took the time to improve your score - and your mortgage payment will be lower because of your efforts.

Thanks to Brenda Brown for this information.



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Brenda Brown

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Home - Farm - Commercial - Industrial

Fishing With Dino

The water temp is 52 degrees 8 feet from the surface.

Troll the surface, use a needlefish or blue/silver Kastmaster behind a flasher and some very nice trout or salmon will hit!

Crappie are still possible on minnows in the very early hours. Get the bait near brush or dock areas.

It's very slow on catfish right now!

Bass are hitting plastics and crankbaits in 15 to 20 feet of water.

Happy New Year & Great Fishing!

Dino Righetti, Spanish Flat Resort Marina, 707-966-7708

A Blonde's Year in Review

January - Took new scarf back to store because it was too tight.

February - Fired from pharmacy job for failing to print labels.....Helllloooo!!!.....bottles won't fit in printer !!!

March - Got really excited.....finished jigsaw puzzle in 6 months.....box said "2-4 years!"

April - Trapped on escalator for hours ..... power went out!!!

May - Tried to make Kool-Aid.....wrong instructions....8 cups of water won't fit into those little packets!!!

June - Tried to go water skiing.....couldn't find a lake with a slope.

July - Lost breast stroke swimming competition.....learned later, the other swimmers cheated, they used their arms!!!

August - Got locked out of my car in rain storm.....car swamped because soft-top was open.

September - The capital of California is "C".....isn't it???

October - Hate M & M's.....they are so hard to peel.

November - Baked turkey for 4 1/2 days ... instructions said 1 hour per pound and I weigh 108!!

December - Couldn't call 911 ..... "duh".....there's no "eleven" button on the stupid phone!!!

\*\*\*\*\*

Are you sick of making the same resolutions year after year and yet you never keep them? Here are some resolutions that you can actually accomplish!

10. Read less.

9. I want to gain weight. Put on at least 30 pounds.

8. Stop exercising. Waste of time.

7. Watch more TV. I've been missing some good stuff.

6. Procrastinate more.

5. Drink. Drink some more.

4. Start being superstitious.

3. Spend more time at work.

2. Stop bringing lunch from home: I should eat out more.

and last but not least...

1. Take up a new habit: maybe smoking!

9

Berryessa Seniors Newsletter: January 2007

PRESIDENTS MESSAGE

I hope everyone had a safe, sane and happy holiday with family and friends. I am hoping that the Senior Center have an even better New Year than last year and that everyone that comes to the Center will feel at home. To date we have 93 paid members plus our lifetime member Elsie Plunkett. Remember seniors this is your center. It is not too late to join, but those who have not renewed their membership will not be receiving the newsletter. So, if you know anyone who has not renewed let him or her know.

Do not forget to get your tickets for this month’s Crab Feed on Saturday, January 13 as they are going fast. Tickets can still be purchased at the Spanish Flat Country Store or by calling Georgia Craddock at 966-2127.

BIRD HOUSE RAFFLE

Rose Stubbs has raffle tickets available and for sale for the Bird House built and donated by Ernie Vasheresse . The cost is \$1.00 each or \$5.00 for a book of six. Brenda at the Spanish Flat Country Store has a supply of raffle tickets in case any of you would like to purchase them there. Again, the raffle will be held on January 13, 2007, at our Annual Crab Feed.....barring any unforeseen weather problems.

PACKAGES FOR THE TROOPS

Effie Macholz is still in the process of assisting Walter Reed Hospital with donations in the form of games, puzzles, non-perishable goodies and fun stuff to be given to the amputees there. If you have any such items please let her know or drop your donations of at the Center.

IN MEMORY

A memorial service is being planned for Douglas Roberts who passed away in November. The service will be held at the Center on January 14, at 4:00 pm. Everyone is invited.

REPORT ON FELLOW MEMEBERS

Jack Wilson has not been transferred to Walnut Creek yet.

Mary Loggins continues to receive therapy for her back.

BITS AND PIECES

Betty Fehrenkamp has the 2007 Calendars for sale. The cost is \$6.00 each.

The December Pot Luck was a fun affair. Mr. and Mrs. Claus were gracious as always and enjoyed passing out lovely surprise gifts to the 21 people in attendance.

Dudley Rutherford took great pictures of all the attendees sitting on Santa’s lap. The pictures will be available at the center for all to see.

UPCOMING EVENTS

On January 8, we will have our Bingo Pot Luck. Lunch will begin 12:00n with Bingo to follow at 1:00pm.

JANUARY BIRTHDAYS

Delphine Ott 14th

Charles Wellington 16th

Food for Thought: Measure wealth not by the things you have, but by the things you have for which you would not take money.

HAPPY HAPPY  
BIRTHDAY  
To All In January

Bill Barta  
Jim Davis  
Carol Mills  
Delphine Ott  
Thomas Sedlack  
Jack Short  
Lana Tiedman  
Charles Wellington

Maxine on? "Aging"  
"Take every birthday with a grain of salt.  
This? works much better if the salt accompanies a?  
Margarita."

Twas The Day After Christmas...

and all through the house,  
Every creature was hurtin', even the mouse.  
The toys were all broken, their batteries dead;  
Santa passed out, with some ice on his head.  
Wrapping and ribbons just covered the floor,  
While upstairs the family continued to snore.  
And I in my T-shirt, new Reeboks and jeans,  
I went into the kitchen and started to clean.  
When out on the lawn there arose such a clatter,  
I sprang from the sink to see what was the matter.  
Away to the window I flew like a flash,  
Tore open the curtains, and threw up the sash.  
When what to my wondering eyes should appear,  
But a little white truck, with an oversized mirror.  
The driver was smiling, so lively and grand;  
The patch on his jacket said "U.S. POSTMAN."  
With a handful of bills, he grinned like a fox  
Then quickly he stuffed them into our mailbox.  
Bill after bill, after bill, they still came.  
Whistling and shouting he called them by name...  
"Now Dillard's, , now Penny's and Sears  
Here's Robinson's, Levitz's and Target and Mervyn's.  
To the tip of your limit, every store, every mall,  
Now charge away--charge away--charge away all!"  
He whooped and he whistled as he finished his work.  
He filled up the box, and then turned with a jerk.  
He sprang to his truck and he drove down the road,  
Driving much faster with just half a load.  
Then I heard him exclaim with great holiday cheer,  
"Enjoy what you got. . . . .you'll be paying all year!"

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<div><div>HOMES</div><div>For Sale</div></div>	<i>Price</i>	<i>Bed/Bath</i>	<i>Sq.Ft</i>	<i>Acres</i>
	\$295,000 ~	3/2 ~	1774 ~	.38
	\$315,000 ~	3/2 ~	1262 ~	.48
	\$346,000 ~	2/2 ~	1244 ~	.40
	\$325,000 ~	2/1 ~	864 ~	.45
NANCY MEACHAM DIRECT - 707.968.2565 CELL - 707.477.4679	\$362,000 ~	3/2 ~	1404 ~	.27
WILLIAM SEAL DIRECT - 707.968.2567 CELL - 707.363.1567	\$385,000 ~	3/2 ~	1760 ~	.35
	\$ 46,000 & up ~ <i>Building lots</i>			

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Maxine, The trouble with bucket seats is that not everybody has the?  
same size bucket.



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I Boat Rentals

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I Docks/Rentals

I Event Packages

How to get along in life

Pray

Be obedient, no matter how  
much the Master's plan  
doesn't make sense to you.

Love your neighbor as  
yourself. Give to those less  
fortunate, Be generous.

Relax and let God drive.  
Enjoy the ride

Don't be afraid. He said  
He would never leave us or  
forsake us!

Take time to rest and enjoy  
the company of friends.

Value, honor and enjoy your  
family, no matter how  
strange they seem to you.

Whatever your lot in life,  
remember God is in control.  
Remember, you were  
divinely created with a  
purpose! Others were too,  
Even if they seem way  
different from you!

So ---- Have fun, and enjoy  
the abundant life! You will  
not pass this way again

"A friend is  
someone who reaches for  
your hand and touches your  
heart"

ANGEL

HAPPY  
BIRTHDAY  
TO ME

I just wanted you to know  
I've just entered the  
Snapdragon part of my  
life,  
part of me is snapped...  
And the rest of me is  
draggin!!  
Shirl

Ha! HA!  
Harvey

Yes, the new  
one is out! The  
brand new  
edition of *You  
know you're a  
redneck when...*

You come back  
from the dump  
with more than you  
took.

You keep flea and  
tick soap in the  
shower.

You've been  
involved in a  
custody fight over  
a hunting dog.

You think fast food  
is hitting a deer at  
65.



Christian Church

At the Volunteer Fire Station  
Next to Capell School  
off of Hwy 128  
Valley Christian Church

Is a Safe & Healthy place to learn  
about God’s plan for your life.  
Bible preaching & great contemporary  
music worship team.  
Camping, Boating, Fishing  
~ You are Welcome ~  
Please come as you are &  
Worship God with Us.  
Sunday Service at 10am.  
Sunday School for the Children.

Ha! HA! Harvey  
American Health Care

Two patients limp into two different  
American Medical clinics with the  
same complaint.  
Both have trouble walking and  
appear to require a hip replacement.

The first patient is examined within  
the hour, is x-rayed the same day  
and has a time booked for  
surgery the following week.

The second sees the family doctor  
after waiting a week for an  
appointment, then waits eight weeks  
to see a specialist, then gets an x-  
ray, which isn't reviewed for another  
few days and finally has his  
surgery scheduled for 6 weeks from  
then.  
Why the different treatment for the  
two patients?

The first is a Golden Retriever.....

The second is a Senior Citizen.



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& Real Estate Expert*




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"My idea of rebooting is  
 kicking somebody in the? butt twice."

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 in slip  
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**2007.**  
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Okay, it **\*finally\***  
**all makes sense**  
**now.**  
**I never looked at it**  
**this way before:**

**MENTal** illness

**MEN**strual cramps

**MENTal** breakdown

**MEN**opause

**COLDWELL  
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**BROKERS  
 of the  
 VALLEY**



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1 large Roast of beef  
 1 small Roast of beef  
 Take the two roasts and put them in  
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\*Includes 2nd Parcel of approx. 113 awesome view acres. Check w/County to build another home + guesthouse + granny...



## DAM LEVEL UPDATE

**The elevation of the spillway (Glory Hole) at Monticello Dam is 440 feet.**

The water is now 9.16 feet below the top of the spillway

**Lake Berryessa has had 9.17 inches  
of rainfall since July 1<sup>st</sup>, 06**

As reported by Carlos Jeffreys of The Corners total for the last rain was 6.14"

12-22 ~ .81    12- 27~1.98    01-04~ .24

Date	Elevation	Evaporation	High	Low
01/08/07	431.16	.03	64	35
9	.17	.03	69	37
10	.16	.01	65	34
11	.16	.02	60	28
12	.15	.04	54	27
13	.11	.0	45	23
14	.10	.0	55	22



# The Lake Berryessa News

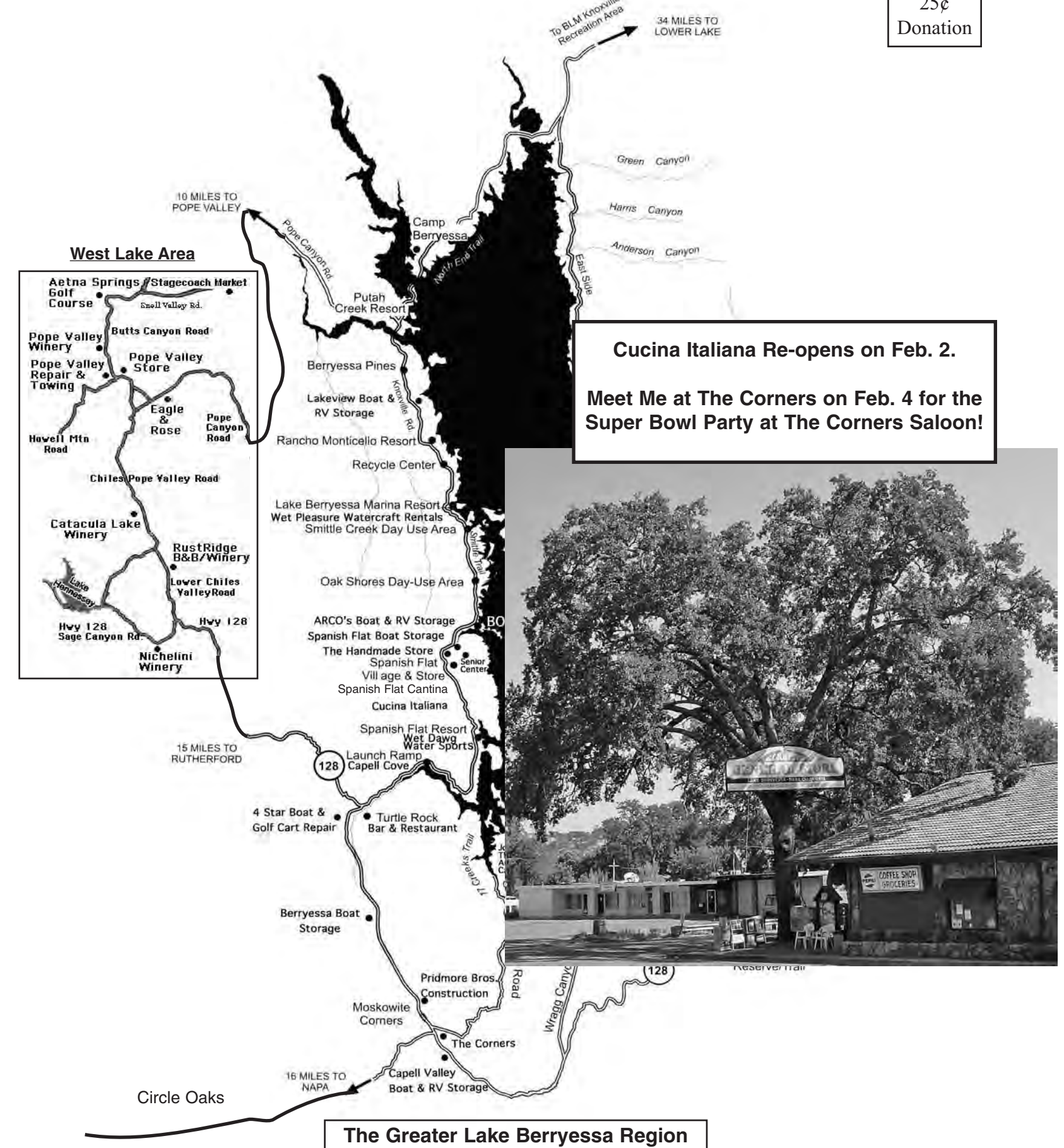
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**What Does the Bureau of Reclamation Do At Lake Berryessa for \$3,845,000?**

Some people still think the BOR makes a lot of money from the local resorts. That’s not true. The federal government gets a 3% concession fee on the resorts’ gross revenues. Since the total gross revenue of ALL the resorts together is less than \$15 million per year, the government actually gets less than \$400,000 annually. That money goes directly into the US Treasury - not to the BOR. The Lake Berryessa Office of the BOR then has to fight the Washington budget battles to get its share for managing the lake. That budget has decreased yearly. Their 2007 request is for **\$3,845,000**, down form the 2006 budget of **\$4,135,000**. So where does the money go? The following is gleaned from the latest budget request for 2007.

**Water and Energy Management and Development (\$93,000)** - Continues administration of water rights, resource management activities at the Lower Putah Creek area, and National Environmental Policy Act compliance. Continues water quality monitoring and water conservation activities. The decrease reflects decreases in the water marketing, energy conservation planning, and environmental monitoring programs.

**Land Management and Development (\$1,061,000)** - Continues concession oversight and recreation management activities at Lake Berryessa, compliance to hazardous materials handling and clean-up laws, realty actions, unauthorized use of land activities, land management and planning, and structures inventory.

**Fish and Wildlife Management and Development (\$133,000)** - Continues the management, protection, and habitat enhancement for terrestrial and aquatic wildlife species, and provides protective measures for special status species. Continues funding for Endangered Species Act compliance.

**Facility Operations (\$1,725,000)** - Continues ongoing infrastructure support, renewal of service contracts; routine operation and maintenance of the Lake Berryessa recreation facilities; and management oversight of Monticello Dam, Putah Diversion Dam, Putah South Canal, and Terminal Dam and Reservoir.

**Facility Maintenance and Rehabilitation (See below) - (\$833,000)**

**Removal of Trailers and Shoreline Structures (\$300,000)** - Continues removal of abandoned trailers, structures and other public health and safety hazards. The structures consist of failing retaining walls, navigation hazards at the water line, old trailers, old docks and many unsafe

remnants of previous attempts to harden the shoreline. Increase reflects second year requirements. Reclamation will exercise all available authority to reduce the long-term outyear costs of this process through enforcement of existing contracts, incentive provisions in new concession contracts, and cost-share agreements with local agencies.:

**Deferred Maintenance, Repair and Rehabilitation (\$515,000)** - Continues repair and rehabilitation projects which are necessary for the continued maintenance of Lake Berryessa recreation facilities. Continues replacement of Oak Shores and the Administrative compound’s nine sewage lift stations, and rehabilitation of Oak Shores rest-rooms. Completes repair and/or upgrade of several items at the Capell Cove boat launch site including upgrades to the water system to provide potable water to the visiting public, addition of a second ramp, and repairs to the parking lot. The Capell Launch Site Rehabilitation efforts were scheduled for completion in FY 2006, but have been deferred to FY 2007.

**Facility Examinations (\$18,000)** - Continues periodic facility examinations.

\*\*\*\*\*

**Berryessa For All Vows to Carry the Fight to the BOR!**

More than 150 enthusiastically angry people gathered last week to hear the legal strategy developed by Berryessa For All (BFA) to fight the Bureau of Reclamation’s flawed Record of Decision for the future of Lake Berryessa. BFA contends that the BOR has violated and continues to violate the National Environmental Protection Act (NEPA), the Administrative Procedure Act (APA) , and federal law. BFA will ask the federal court to declare that the BOR withdraw and set aside any proposed action pursuant to the BOR's VSP ROD and the Final EIS for Lake Berryessa until and unless such time as the BOR demonstrates to the Court that it has complied with the NEPA, the APA, and federal law.

BFA is a non-profit organization consisting of approximately 1,000 members and supporters with common and community interests as long-term permittees/stakeholders at the seven lake resorts BFA's primary focus and overall mission includes the preservation of the public's family-oriented recreation opportunities at Lake Berryessa. BFA is committed to protecting equal recreation opportunities and community interests for all segments of the public at Lake Berryessa. Eviction notices have already been sent to Berryessa Marina permittees and will soon be sent to Rancho Monticello permittees. Please send donations to:

BFA, 3130 D BALFOUR RD, #259, BRENTWOOD, CA. 94513

**2006 Lake Berryessa Calendar of Events**

- 1-4 Spanish Flat Cantina Formally Opens For Business
- 1-13 Senior Center Crab Feed
- 1-14 Douglas Roberts Memorial Service, Senior Center, 4 P.M.
- 1-22 Chamber of Commerce, 7 P.M., Spanish Flat Cantina
- 2-4 Super Bowl Party at The Corners
- \*Every Monday - Bingo 1pm, 252-8488,
- \*1st Monday of each month Potluck Noon
- \*Berryessa Senior Center Activities, Call Georgia at 966-2127
- \*Berryessa Senior Center Email: Berryessasenior@aol.com
- \*Potlucks, Call 966-0206 (Please leave a message.)
- \*Lions Club, 966-1413

**What’s Inside Shaving Cream**  
**Thick, rich, velvety – and chock-full of ingenious chemicals.**

• Palmitic acid: This long-chain lipid is found in palm oil and animal fats. A major component in soapmaking, it helps create a thick, stable lather that enfolds follicles and holds them upright.

• Triethanolamine: A thickener and wetting agent, TEA allows water to flow more freely by reducing the surface tension that holds droplets together. It's also a precursor chemical for the blistering weapon nitrogen mustard gas.

• Stearic acid: Commonly used in cosmetics, this waxy lipid softens the skin. Combined with TEA, it becomes a powerful thickener for luxurious lather.

• Isopentane: In shaving cream, this degreaser breaks down sebum, the oil your skin produces. (It also smells like gasoline.) That helps whiskers stand up, the better to mow them down with a razor.

• Sunflower oil monoglycerides: This plant oil has seemingly magical properties. Its fatty acids attach to a carbon backbone and keep the product in gel form. But rubbing the gel in your hands introduces air. Voilà: foam.

• Sorbitol: In food, this sweetener causes diarrhea. (Luckily, shaving cream is not for eating.) Here it's a cheap stand-in for glycerine, a skin moisturizer.

• Aloe barbadensis: You know it as aloe vera – the gooey stuff inside the plant. It's yet another skin softener and probably helps accelerate the healing of nicks.

• PVP: Polyvinyl pyrrolidone sticks to the keratin in hair shafts and, like isopentane, makes the hairs stand up straight for a clean shave.

• Isobutane: A compressible aerosol propellant, it helps the gel squirt out of the can. Pyromaniacs take note: It's also extremely flammable.

• PEG 90M: Polyethylene glycol is a versatile polymer used in laxatives, sexual lubricants, and lots of medications as a binding agent. In nanotech, it serves as a lattice on which biological cells can grow. In shaving cream, it's a lubricant and stabilizer.

• Blue #1: So that's what gives the gel its electric blue tint! When the ingredients are worked into a lather, tiny bubbles indiscriminately scatter all wavelengths of light and the blue disappears.

**Spanish Flat Cantina**

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\*\*\*\*\*

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Why don't you ever see the headline "Psychic Wins Lottery"? People who believe in psychics don’t even rise to the level of being wrong! "Warning: Dates in Calendar are closer than they appear." As long as there are tests, there will be prayer in public schools"

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7 A.M. - 7 P.M. Weekends

Closed Mondays & from 2 to 4 P.M. Daily

#### Breakfast

Pancakes, French Toast, Omelets

#### Lunch

Burgers, Chili, BLT, Chili Fries, Cheesy  
Fries & MORE...

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Steaks, Mexican Food, Salmon, Pasta

### Wednesday & Thursday

#### Taco Night!

#### Friday

Clam Chowder in a Bread Bowl

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### Popping Corks: Is There a Screw-Top Wine in Your Future?

Reprinted from E-Magazine

For hundreds of years, cork has been the gold standard for "stopping" wine. But now plastic stoppers and screw tops are challenging the tradition, and the benefits are causing even prestigious vintners and snooty wine reviewers to change their attitude from dismissal to acceptance.

About 50 percent of the world's cork supply comes from forests in Portugal and Spain, where farmers strip the bark off cork oak trees for the wine industry. The bark grows back over 10 years without harming the tree, Environmentalists worry that switching to alternative stoppers will doom biodiversity-sheltering ancient cork forests. "Cork extraction is one of the most environmentally friendly harvesting processes in the world," says Pedro Regato of the World Wildlife Federation.

Cork's inherent permeability allows oxygen to slowly enter the wine, and the subsequent reaction ages and matures the wine's taste and aroma. But two bottles of the same wine can taste identical when purchased, but will age differently due to cork irregularities. A more permeable cork will cause a wine to age faster. Cork is also the root of the dreaded "cork taint," a chemical reaction that leaves wine with a moldy, musty or medicinal flavor. But the alternative synthetic stoppers were originally dismissed by winemakers. They thought that if the bottle was sealed too tightly, no oxygen would reach the wine and it wouldn't age. These fears have proven mostly groundless.

Now, fear of cork taint, along with a desire for more predictable aging, is fueling the market for synthetic stoppers. Plastic corks and screw caps, once red flags that signified low quality, are becoming more popular with premier wineries. John Conover of PlumpJack Winery in Oakville, California says cork mold ruined five to eight percent of his bottles before he switched to screw top closures eight years ago. Conover partnered with wine researchers at UC Davis to determine differences in the way cork and screw-top wines age. "So far, we haven't seen a difference," he says. Synthetic stoppers now make up 10 percent of the market, according to the Rainforest Alliance, which is alarmed by the growing popularity of plastic corks and screw caps. CONTACT: Rainforest Alliance, (212)6771900, www.rainforest-alliance.org.

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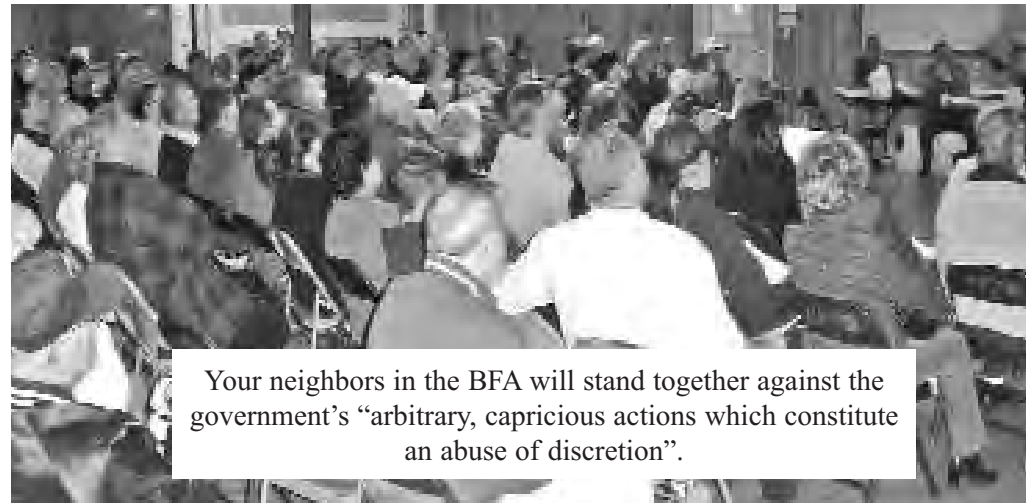
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### **ANNOUNCING...**

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14<sup>th</sup> Annual "Red and White Affair"

The theme "*In Full Bloom*" sets the tone for this year's  
primary fundraiser for the school  
to be held

**Saturday, March 10, 2007**

from 6:00pm to 10:00pm

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unique donations from area businesses, and one-of-a-kind student  
art projects is the most anticipated part of this special event.

Tickets for this year's Red and White Affair will be very  
limited

and will go on sale as of February 1 at Yountville  
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### Fishing with Sid

It was a beautiful day a couple of Saturdays ago but quite cold on the  
water and colder still when the sun started going down. My wife and I  
headed out early afternoon and decided to try fishing a rocky slope about  
a half a mile long. I threw top water at least forty times with no reaction.  
I changed to brass and glass with a watermelon senco and my wife used



the same set-  
up but with a  
p u m p k i n  
senco.

She caught  
more fish then  
I did and we  
both lost a lot  
of soft bites. I  
observed a  
gentleman and  
his two kids  
fishing a split-  
shot with live

mini- worms. They were fishing in the marina dragging the worm over  
the bottom and hooking some bass and even some trout.

Sunday I went out for a few hours by myself to the same spot as the day  
before. Again no top water action but I did very well with the brass and  
glass. The bass I was catching were all in the fourteen to sixteen inch  
range in approximately four to twenty feet of water. It seems they are  
going for the slow retrieve right now. But as all fishermen know that can  
change at any time.

The water temperature is about fifty-one degrees. A lot of trout are visible  
on the top three to four feet of water chasing shad in the early morning.  
They will go for a rattle trap or crankbait that resembles shad. If you are  
fishing from the shore, hook a minnow behind the dorsal fin about three  
feet under the bobber. For those who want to see a new site ask for Mike  
or Dino at Spanish Flats and let them show you the size of the otters that  
are in the water by their marina. I thought they were seals. 'til next  
week.....good fishing!!! [www.fishingconnection.net](http://www.fishingconnection.net) If you have any  
good stories you would like to share please email me at [bestguide@hotmail.com](mailto:bestguide@hotmail.com) or call me at 650-583-3333.

Thanks to Dino and Mike at Spanish Flat Marina  
for this photo of the river otters on their dock!



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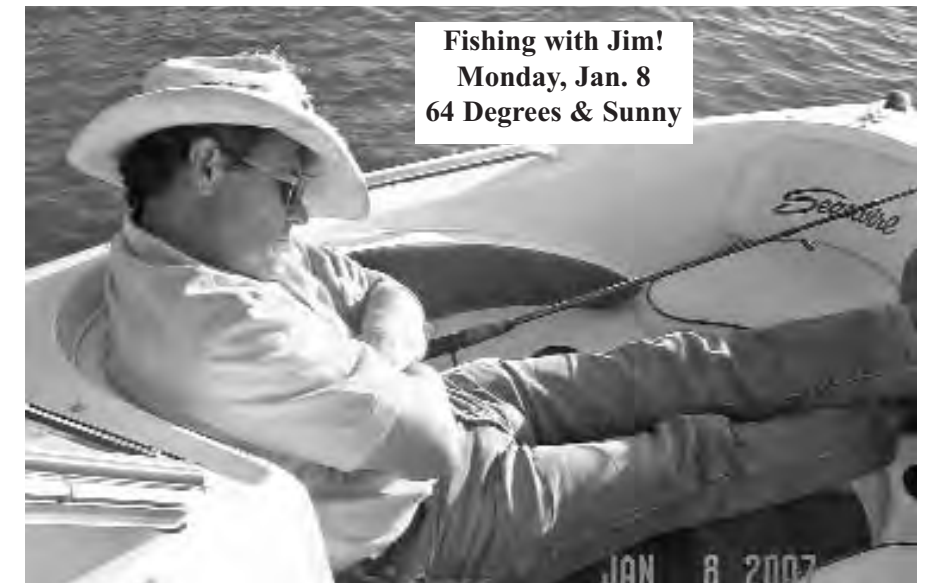
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BIRTHDAY  
To All In January

Bill Barta  
Jim Davis  
Carol Mills  
Delphine Ott  
Thomas Sedlack  
Jack Short  
Lana Tiedman  
Charles Wellington

HAPPY BELATED BIRTHDAY !  
AUNT JANET  
Luv From Shirl

**Tickle Me Elmo:**

There is a factory in Northern Minnesota which makes the Tickle Me Elmo toys. The toy laughs when you tickle it under the arms.

Well, Lena is hired at The Tickle Me Elmo factory and she reports for her first day promptly at 8:00 AM.

The next day at 8:45 AM there is a knock at the Personnel Manager's door. The Foreman throws open the door and begins to rant about the new employee. He complains that she is incredibly slow and the whole line is backing up, putting the entire production line behind schedule.

The Personnel Manager decides he should see this for himself, so the 2 men march down to the factory floor.

When they get there the line is so backed up that there are Tickle Me Elmo's all over the factory floor and they're really beginning to pile up. At the end of the line stands Lena surrounded by mountains of Tickle Me Elmo's.

She has a roll of plush red fabric and a huge bag of small marbles. The 2 men watch in amazement as she cuts a little piece of fabric, wraps it around two marbles and begins to carefully sew the little package between Elmo's legs.

The Personnel Manager bursts into laughter. After several minutes of hysterics he pulls himself together and approaches Lena.

"I'm sorry," he says to her, barely able to keep a straight face, "but I think you misunderstood the instructions I gave you yesterday..."

**"Your job is to give Elmo two test tickles.**

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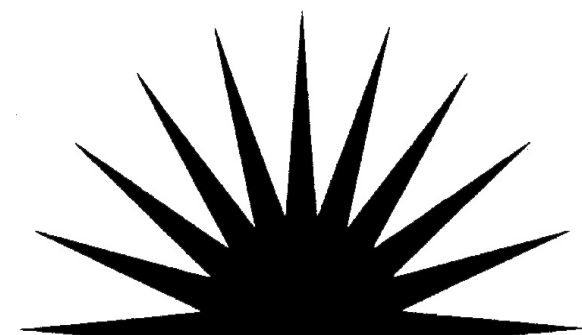
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An angel walks beside me,  
I feel him everyday,  
he helps me through lives ups  
and downs,  
and whatever comes my way.  
He guides me down the road of  
life,  
and lights the darkest roads,  
he picks me up and carries me,  
when I can not bear the load.  
He helps to ease the pain I feel,  
he mends my spirit, too,  
he holds my hand,  
and shelters me,  
and gives me courage and  
strength, too.  
He speaks to me  
with words of love,  
and he listens to my pleas,  
he was sent here  
from the lord above,  
to guide and comfort me.  
I know he's always watching,  
though his form I can not see,  
its a peace I feel deep in my  
heart,

that leads me to believe.  
An angel walks beside me,  
I feel blessed everyday,  
that the presence of this angel,  
will never go away.

ANGEL



**The Power of a  
Blonde's Prayer**

A blonde was driving  
down the street in a  
sweat because she had  
an important meeting  
and couldn't find a  
parking place. Looking  
up toward heaven, she  
said, "Lord, take pity on  
me. If you find me a  
parking place I will go to  
church every Sunday  
for the rest of my life  
and give up sex and  
tequila." Miraculously, a  
parking place appeared.  
She looked up again  
and said,  
"Never mind. I found  
one."



- Crab Dip
- 1 (8 ounce) package cream cheese, softened
- 1/4 cup milk
- 1 (8 ounce) package imitation flaked crabmeat or use fresh crab.l
- 1/4 cup sliced green onions
- 1/4 cup chopped sweet red pepper
- 1 teaspoon curry powder
- 1/2 teaspoon garlic salt
- Serve with Assorted crackers



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10-12 medium red potatoes

1/4 cup garlic-infused olive oil

1/2 cup coarsely chopped roasted garlic,

about 30 average cloves or 20 large

cloves

1 tbsp chopped fresh chives

2 tsp chopped fresh parsley leaves

1/2 tsp salt (or to taste)

1/2 tsp black pepper

potatoes cut into large pasta pot, add

enough water to cover by 1-2 inches, bring

to a boil, fork-tender, drain. Drizzle cooked

potatoes with olive oil and stir to distribute.

Add roasted garlic and fresh herbs, and

season to taste with salt and black pepper.

Lightly mash potatoes with a fork, just

enough to blend in olive oil and roasted

garlic, chunky & serve

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